

# TRUSTEE RECRUITMENT PACK



[WWW.YOUTHREALITIES.CO.UK](http://WWW.YOUTHREALITIES.CO.UK)

[INFO@YOUTHREALITIES.CO.UK](mailto:INFO@YOUTHREALITIES.CO.UK)

# WHO ARE WE?

Youth Realities is a youth-led organisation tackling teenage relationship abuse by addressing the root causes, creatively and compassionately

Our mission is to:

- Reduce abuse within teenage relationships
- Raise awareness and address damaging stigmas
- Empower self-development and build resilience
- Provide stable, consistent and trusted support

Our vision is to do this through:

Prevention, intervention and survivor-focused healing programmes in our local community and across London.

Established in 2017 and having since worked with over 1000 young people across the UK, raising awareness and addressing teenage relationship abuse.



# WHAT DO WE DO?

**YOUTH  
REALITIES**

Youth Realities runs a range of bespoke in-school and community based programmes that addresses teenage relationship abuse and other social issues that impact young people; supporting survivors with rebuilding themselves in a safe and inclusive environment.

Our in-school programmes are introductory workshops that raise awareness and provide young people with the knowledge and skills to make more informed and healthy choices around their relationships and behaviour.

Our community programmes include empowerment sessions for at-risk young women and increasing engagement in fitness through fun and inclusive dance classes.

Other work we do includes advocacy and delivering bespoke and holistic workshops that focus on self-care, building resilience, healing from trauma and interpersonal skills such as confidence and stress management.



Registered company limited by guarantee, no. 10855551

# TRUSTEE QUALITIES

Thank you for showing an interest in applying to become a Trustee for Youth Realities!

Youth Realities is currently registered as a non profit Company Limited by Guarantee (since 2017) and is in the process of transitioning to Charitable Status.

We are looking for Trustees to join us on the next stage of our exciting journey!

We need Trustees who support our mission and will be committed to working with us to further our growth as an organisation, for the benefit of the young people we work for.

## Trustee qualities required include:

- An interest and passion for addressing teenage relationship abuse
- An understanding and acceptance of the legal duties, responsibilities and liabilities of Trusteeship.
- Honesty and integrity.
- Sound, independent judgement.
- A willingness to dedicate time and effort to support when required.
- Provide creative and strategic thoughts and feedback.

We would love our board to be built up of a diverse range of skills, expertise, experiences and backgrounds, including some specific areas that are important to us:

TREASURER (FINANCE)	LEGAL SKILLS
CHARITY MANAGEMENT	FUNDRAISING
DOMESTIC VIOLENCE	YOUTH WORK

# ROLE DESCRIPTION

The duties and responsibilities of a Trustee include:

- To ensure that they are present at all meetings.
- To actively support in difficult decision making processes and have Youth Realities' best interest at heart, at all times.
- To contribute towards the organisation by being involved in discussions, establishing strategies, identifying targets and working towards improvements.
- To ensure they are informed and up to date in terms of the doings of the organisation.
- To advise on matters in an honest, impartial and sound way.
- (Treasurer) To support with making decisions about the use of company finances and managing money to ensure effective use of the funding received.
- To oversee, support and hold Management accountable.

This list is not exclusive and Trustee's are encouraged to announce on recruitment how they plan to best support Youth Realities and what they can be relied on to contribute towards.



- The term of a Trustee is 24 months, with a 6 month probational period. After which, Trustees may be re-elected to serve a 3 year term before their next election.
- Meetings are held quarterly (every three months).
- Meetings are scheduled with the Trustee's other commitments in mind; all Trustee's are expected to communicate in advance if they are unable to attend.
- Meetings are usually held in the evenings and location can be flexible if required by a majority of members.
- In addition to board meetings, other communication will be necessary. This can be through face to face meetings, phone calls or via email.

## RECRUITMENT PROCESS

Once this booklet has been thoroughly read and if you then feel as though you would like to learn more about potentially joining our board, please email a short Expression of Interest to [info@youthrealities.co.uk](mailto:info@youthrealities.co.uk)

An informal meeting will then be scheduled with Youth Realities' Director, so you can ask any questions and explore the opportunity further.

If both parties are happy to proceed, an interview will be arranged with Youth Realities' Director, 1-2 board members and a young person we work with - it is important young people are included in core stages of our work and development!

We look forward to welcoming you in to our team - good luck!



[WWW.YOUTHREALITIES.CO.UK](http://WWW.YOUTHREALITIES.CO.UK)  
[INFO@YOUTHREALITIES.CO.UK](mailto:INFO@YOUTHREALITIES.CO.UK)