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Barnet Food Hub

MONTHLY STATISTICAL

R E P O R T

**Edition: February 2023 No. 26
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SUMMARY

In the Monthly Statistical Report, the Barnet Food Hub Team compiles monthly statistical and quantitative data on food / support provided to its partners, for interested parties.

In the month of February, a total of 19,37 tonnes of food were distributed to our various partners saving a total of 77,5 tonnes of CO2 emission equivalents. Further information on support, additional resources that were provided and initiatives undertaken are detailed below.

FEBRUARY FOOD STATISTICS

The number of kilogrammes of food distributed from Barnet Food Hub, and the meal equivalents are shown below.

In addition, we include a metric which we have developed, to indicate the equivalent retail value of the food we give out.

Each week we purchase fresh fruit and vegetables and ambient produce to ensure that we can provide a consistent supply of ingredients to our foodbank communities. As a result of inflation, this food, which used to be bought from a budget of £1,500 per week, now costs considerably more than it used to – the same food costs around £2,238 per week at time of writing.

We supplement the food we give out by additionally working with our food surplus chain and with help from our team of volunteers, we usually end up sending out between £10,000 - £15,000 worth of food each week.

This additional food surplus input which we receive has become very variable – and noticeably lower over recent months. This is due to less surplus food coming into our warehouse and much more of what is available from surplus channels being of insufficiently good quality to share – meaning that overall, we have less food available to give to Foodbanks, at a time when demand is surging.



Outgoing food: Feb. 2023				
Week beginning	Food in KG	Equivalent meals	CO2 Equivalent saved (KG)	Equivalent £RRP
30th Jan	3,483.15	8,293	13,933	
6th Feb	5,247.52	12,494	20,990	
13th Feb	4,446.48	10,587	17,786	
20th Feb	4,577.13	10,898	18,308	
27th Feb	1,623.07	3,864	6,492	
TOTAL	19,377.35	46,137	77,509	£44,537.62

When our society wastes food, we also waste all the energy and water it takes to grow, harvest, transport it and package it. If food goes to landfill and it rots, it produces methane which as a climate change gas, is 23 times more deadly than carbon dioxide, according to the Chartered Institute of Environmental Health (CIEH). They calculate that each tonne of food waste contributes to almost 4 tonnes of CO2 in greenhouse gas emissions; conversely each tonne of food that is rescued, contributes a saving of 4 tonnes of CO2 emissions.

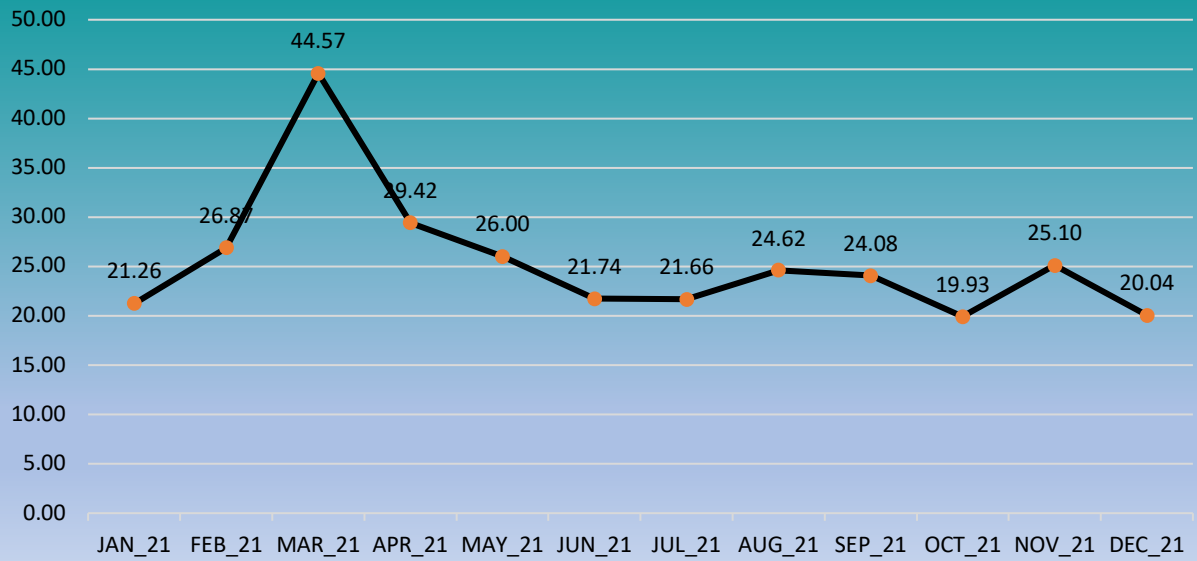
The 'equivalent meals' figure is based on an average portion size for a meal weighing 420g (data derived from Food Portion Sizes, FSA 2008 which mirrors data from Waste and Resources Action Programme (WRAP), outlined within this document: <https://wrap.org.uk/sites/default/files2020-10/WRAP-Food%20Surplus%20Redistribution%20Estimate%202017%20-%20Information%20sheet.pdf>. This document also contains a calculation of value for food waste at £3 per kilo which we have adopted.

The Recommended Retail Price figure is based on the average cost of all the food units that we send out and is calculated on the average weekly household shop being around £65 (according to HM Government site, moneyhelper.org.uk, June 2021).

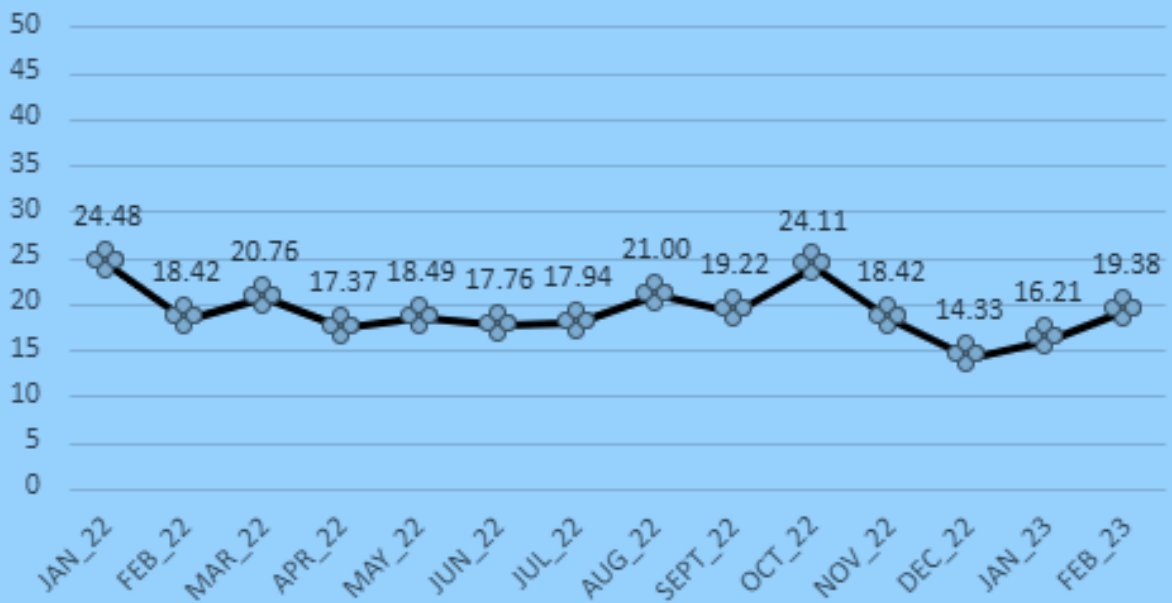
To ensure that the information is legible, we have separated some of the data. The two charts below show the amount of food distributed during the course of 2021, and the food distributed during the course of 2022, into 2023.



Food Distributed (Tonnes per month) - 2021



Food distributed (Tonnes per month) 2022/23



FOODBANK DATA ANALYSIS

Our Foodbanks share with us monthly data on how their food is distributed throughout the Borough of Barnet. February data is available from our 18 Foodbanks.

This information is collated by Barnet Food Hub and displayed via Public Health on an interactive dashboard, which is available to view using the following link:

<https://app.powerbi.com/view?r=eyJrIjoib2U3YmlxZTQ+OTc5Zi00NjliLWJmZGQtZmNmMWQ5NGFkNWMxliwidCI6IjFiYTQ2OGI5LTE0MTQ+NDY3NS1iZTRmLTUzYzQ3OGFkNDdiYiJ9>

It is clear from the figures provided, that Foodbanks are experiencing ever increasing numbers of people attending for support.



SUB-PROJECTS

Saracens Food Drive

At the end of February, Saracens Rugby Club organised and hosted the Saracens Food Drive to mark their 10 year anniversary at StoneX Stadium.

They asked everyone coming to the match that day to bring some items to donate to Foodbanks in Barnet – and we were delighted to be asked to partner with Saracens to help receive the donations on the day, organise, transport and re-distribute them among our network of Foodbanks around the Borough.

Ahead of the day we worked with our Foodbank partners to draw up a list of suggested items to donate, which would be those that Foodbanks and the people they help would find most useful.

In the event, a massive 1.5 tonnes of items were donated and received at the match. Most of the items donated were food, including most commonly tins of tomatoes, tinned tuna and mackerel, beans and pulses as well as packets of rice and pasta. The donations included around 300kg of non-food items including personal hygiene products such as soap, shampoo, toothbrushes and toothpaste, women's sanitary products and detergents.

People donated generously at the event, arriving not just with one item but with shopping bags full, with several appearing to have bought at least one of each of the suggested items to donate. In addition, there was at least one financial donation which will be used to purchase further food items.

The 1.5 tonnes of donated items represent around 3,572 meals and we estimate that all these items would have a retail value of at least £3,582.

We are very grateful to Saracens for running this initiative and for all the additional products which as a result, we were able to distribute to Foodbanks over the following couple of weeks. Also, we are very grateful to our fantastic team of staff and volunteers who gave up their Saturday afternoon to help out at the event.



The Barnet Food Hub team – Saracens Food Drive Event



Sarah Whitby, Community Operations Manager, Groundwork London,

Jess Smith, Senior Development Manager, Saracens Foundation,

Maxwell Lacey and Laurence McCron, Barnet Food Hub Officers



**Maxwell Lacey, Barnet Food Hub Officer,
Simone Gufforiello, Programme Manager Sustainable Food, Groundwork London
Saracens volunteers**



Catherine Mills, Foodbank Support Officer



Space and Systems Review continues

The review of systems and procedures here at the Barnet Food Hub continued throughout February, in order to streamline processes and maximise our efficiency.

This has involved a major clean-up and reorganisation of the warehouse as well as a review of systems for monitoring stock coming in and going out, on-boarding of Foodbank partners, food surplus partners and volunteer training.

This is to ensure that our whole operation here at the Barnet Food Hub is as safe, hygienic and efficient as possible. We have now also begun to meet with all of our Foodbank partners, to visit them at their premises to help them ensure that they are fully complying with all safety and hygiene regulations with regard to the food they and their volunteer teams are handling.



Map of our Foodbanks across Barnet



SUPPORT

Foodbanks supported through the Barnet Food Hub:

- All Saints Child's Hill
- Barnet Community Projects – Rainbow Centre
- Burnt Oak Community Foodbank
- Burnt Oak Women's Group
- Chipping Barnet Foodbank
- Christ Church Barnet
- Colindale Foodbank
- Community Network Group
- Finchley Foodbank
- GIFT
- Homeless Action Barnet
- Living Way Ministries
- My Yard
- NW7 Hub
- RCCT
- St Barnabas
- St Peter's Pantry
- West Hendon Community Hub

Additional support provided to foodbanks:

Two newsletters were sent out to our Foodbank community during February, each containing a variety of community fund details and resources for help and funding which the foodbanks and/or their beneficiaries might find useful.



Additional resources and support initiatives provided to our food bank community this month, include:

- Signposting to Inclusion Barnet Cost of Living Crisis page
- 2023 Fundraising Programme
- Training Opportunities – free training available
- Community Action Fund
- New Space2Grow funding launched
- Warm Spaces Funding Boost
- BACE Holiday Activity and Food Fund
- Good news: Barnet Together awards £300,000 to local organisations to help with the cost of living crisis
- Building Strong Communities Fund
- London Festival of Architecture briefing
- Crowdfund Barnet Workshop
- New Integrated Care Systems briefing
- Get on board with BarNET ZERO
- Easyfundraising: Simple fundraising help
- Job Opportunity – Mencap
- Job Opportunity – Youth Realities
- Job Opportunity – CDP
- Job Opportunity – BreadnButter
- Interesting Read recommendation from the Hub – Fake News – How to recognise and deal with it
- Interesting Read recommendation from the Hub – The rising cost of living – A review of interventions to reduce impacts on health inequalities in London
- Inspiring All, Celebrating Barnet's Women – past, present and future
- Funded research opportunity – Women and the cost of living crisis in my local area
- Andy's Man Club
- International Women's Day – save the date
- Voter ID changes



- Second Chance – refurbished laptops
- RCCT Romanian Food Hub, Walking Group and Coffee Morning
- Crowdfund Barnet
- Additional funding available to help through the cost of living crisis
- Celebrate Important National Events – National Lottery funding
- B&Q foundation grants
- Mayor of London – Migrant advice and support fund
- Celebrate London's Resilience and Diversity
- London Marathon Trust – Active Spaces Fund
- Sport England – Get Active
- Barnet Together 2023 Fundraising Programme
- Free CEO talk session with Debra Allcock-Tyler from DSC
- Head Held High Fundraiser
- Inclusive (and better) recruitment – Guest Blog by Stonegrove Community Trust
- Celebrate Random acts of kindness with Barnet Together
- Job Opportunities with HealthWatch Barnet
- Job Opportunity with Grange Big Local
- Sense Active hosting a 'sensory walks' training workshop
- Jewish community conversation about suicide prevention
- Neurodiversity Celebration at Middlesex university
- Fair Play Barnet Consultation



Monthly Foodbank Meeting

Our usual Monthly Foodbank Meeting with Foodbank Managers took place on Monday 27th February online.

These meetings are a valuable opportunity for the Foodbanks community of Barnet to meet up for an informal social and networking event; to share updates and news, discuss any concerns, and hear and discuss new ideas and initiatives taking place in the sector.

This meeting was really well attended online, with representatives of many of our network of Foodbanks. We shared news and staffing updates from the Hub, and also heard from Patrick Anderson of Inclusion Barnet and Poppy Ingles-Oxhey of HealthWatch Barnet who offer to provide a drop in health-check service to vulnerable people who attend.

The next monthly meeting is scheduled to take place online on 27th March 2023.



OTHER

Volunteering hours

The Barnet Food Hub engages with an ever-growing team of volunteers from the community. This ongoing engagement enables the Hub to process larger quantities of food and increases our ability to rescue divert food from the waste cycle. This also benefits the volunteers through offering a sense of community engagement and connection.

This month:	120 volunteer hours
Total:	2,755 volunteer hours

Food Surplus Partners

Donations from The Felix Project, Fareshare and the supermarkets are not always suitable or safe to redistribute to foodbanks. This could be because they are catering sized items or items past their 'best before'. When the food cannot be sent to any of our foodbank partners, we work with wider Barnet community groups to find good homes for these items. This is all part of the Barnet Food Hub commitment to a zero-food waste operation.

Surplus partners helped this month:

- Clitterhouse Farm Project
- New Barnet Community Association
- N2 Meals
- Family Resource Centre
- Feast With Us
- Gratitude
- Edgware Hospital
- Cat Hill Allotments (composting at our local allotment)
- Friend In Need
- Memory Lane
- Age UK





@BarnetFoodHub



foodbankhub@
youngbarnetfoundation.org.uk



www.barnettogether.org.uk