

Space2Grow #19

# HOLIDAY ACTIVITY WITH FOOD

WINTER 2021

MONITORING REPORT

**SPACE  
2 GROW**

CHILDREN & YOUNG PEOPLE'S FUND



9 fantastic projects delivered December 2021

**YOUNG  
BARNET**  
FOUNDATION

**BARNET**  
LONDON BOROUGH

[YOUNGBARNETFUNDATION.ORG.UK/SPACE2GROW19](http://YOUNGBARNETFUNDATION.ORG.UK/SPACE2GROW19)

# Executive Summary

The holiday activities and food programme 2021 is a Department for Education initiative to expand healthy food and enriching activities to disadvantaged children for Easter, Summer, and Christmas holidays 2021. The holiday provision is for children who receive benefits-related free school meals, with dissemination of funding via local authorities<sup>1</sup>.

Young Barnet had been working on holiday hunger with the Mayor's Fund for London so were familiar with the concept/proposed project. Within Barnet, Young Barnet Foundation has partnered with the Local Authority (LA) to support delivery with a specific focus on the CYP VCSE (Young Barnet Foundation members) to supplement the statutory provision, bringing together a wealth of activities and services across the Borough for those aged 5-16.

Building on from Summer delivery, organisations were asked to provide enriching activities, physical exercise, health food education and a nutritious hot meal, over 4 days during the 2 weeks the Winter 2021 holiday period with a minimum of 4-hour sessions.

Grants were awarded on the 19<sup>th</sup> November 2021, giving providers one month to prepare for delivery. However, Government and National Youth Agency guidance was changed on the 2<sup>nd</sup> December, in the light of the Omicron variant of COVID-19. This change in regulations was communicated to providers, but it did mean some changes in how providers planned to undertake delivery.

Young Barnet Foundation received a total of 12 applications; three organisations withdrew prior to delivery as COVID restriction changes had implications on their projected attendance.

Therefore 9 organisations provided a total of 38 sessions and provided 930 healthy hotmeals that were free-to-access by children on free school meals or from disadvantaged backgrounds. They also provided a range of positive activities which included (but were not limited to) Performing Arts, Crafts, Bowling, Cooking, Cycling, Football, Fencing, Basketball, Dancing, Singing, Cooking and Sensory Activities. Several providers completed their activities with an end of project part of celebration event to which parents were invited, and those that did, reported that this was much appreciated and enabled them to build relationships with parents.

This report on the activities that took place includes the outputs of the projects along with feedback from the young people involved in the programmes.

This round of funding has proved a great opportunity for delivery organisations to continue to build on their delivery during the Summer, and for Barnet Council and the VCFSEs to work together to meet the needs of our disadvantaged children/young people. This partnership has given us the opportunity to further enhance the community offer and strengthening the existing trusted relationship within our communities by providing funding to 'up' the local community offer.

<sup>1</sup><https://www.gov.uk/government/publications/holiday-activities-and-food-programme/holiday-activities-and-food-programme-2021>

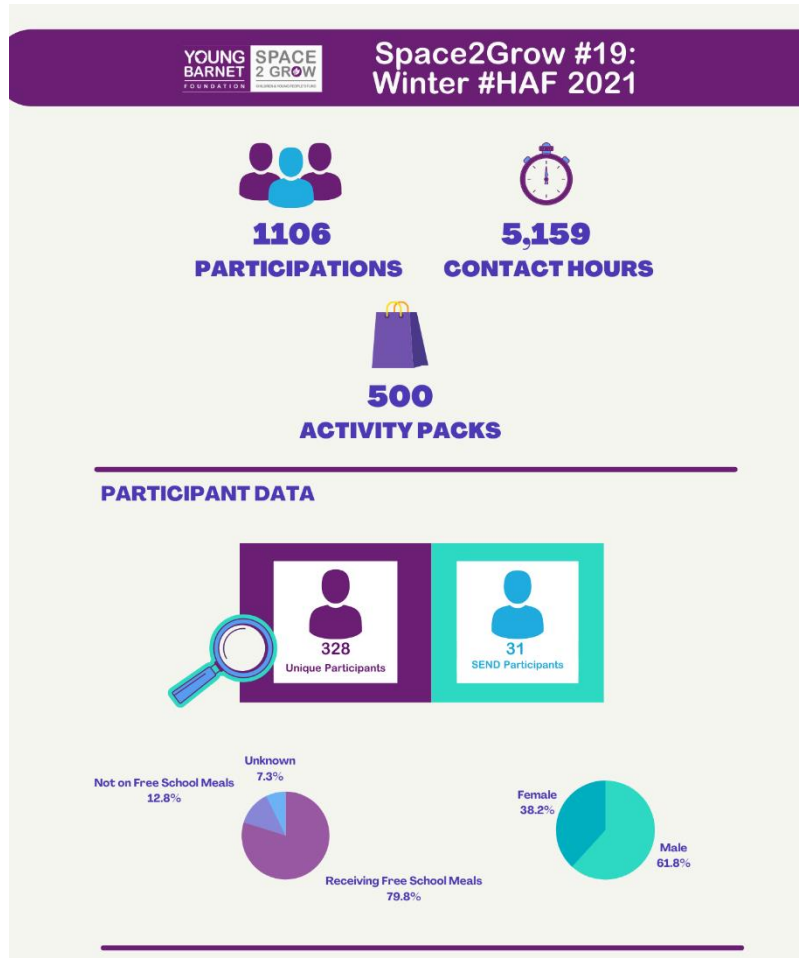
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# 1.Funding Overview

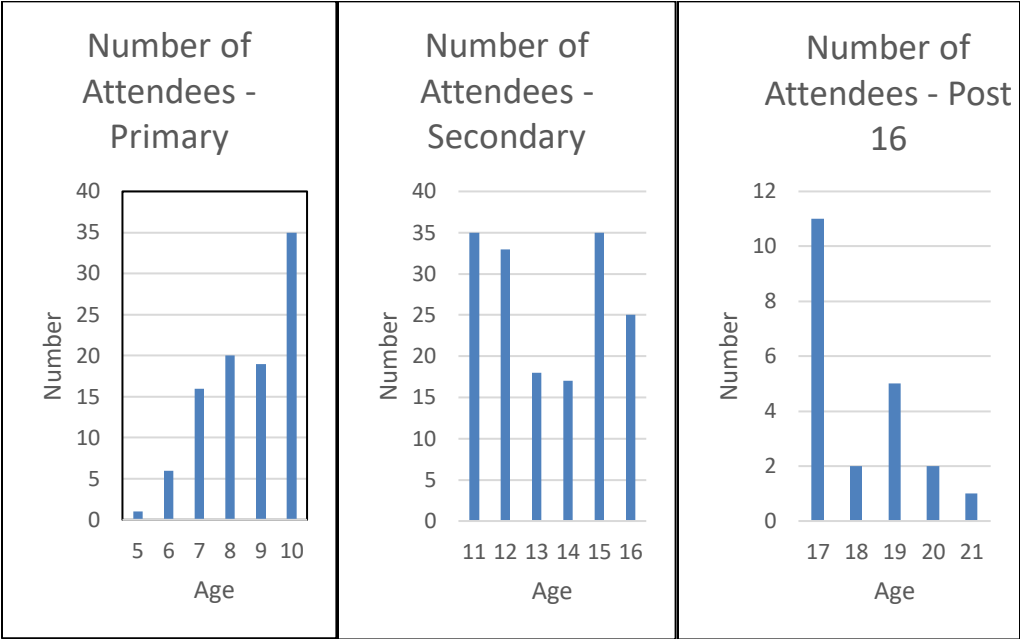
Open for Applications	25 <sup>th</sup> October 2021
Application Deadline	7 <sup>th</sup> November 2021
Panel Meeting	19 <sup>th</sup> November 2021
Panel Members	Karen Pearson, Head of Early Years & Early Help, London Borough of Barnet Debra Davies, Early Years / Primary Strategic Lead, London Borough of Barnet Janet Matthewson, CEO, Young Barnet Foundation (Advisor to panel)
Total Number of Applications	12
Cumulative Amount Requested	£26,457
Total Number of Applications for Consideration by Panel after Due Diligence	12
Revised Cumulative Amount	£26,457 (3 Organisations later withdrew prior to commencement)
Total Amount Available	Approximately £27,000
Number of Awards	12
Total Amount Awarded	£26,457
Award Date	19 <sup>th</sup> November 2021
Funding Provided By	Department for Education, administered by Barnet Council / Space2Grow Children and Young Peoples Fund

## 2. Monitoring and Evaluation Overview



<b>Total Number of Sessions</b>	<b>42</b>	
<b>Total Number of Unique Participants</b>	<b>328</b>	
<b>Total Number of Participations</b>	<b>1106</b>	
<b>Total Number of Recipe Kits/ Activity Packs distributed</b>	<b>500</b>	
<b>Number of Free School Meal Participants</b>	<b>261</b>	<b>79.57%</b>
<b>Number of Non Free School Meal Participants</b>	<b>42</b>	<b>12.80%</b>
<b>Number of 'Unknown' Status Participants</b>	<b>24</b>	<b>7.32%</b>
<b>Total Contact Hours</b>	<b>5,159</b>	
<b>Total Number of SEND Participants</b>	<b>31</b>	<b>9.45%</b>
<b>Total Number of Male Participants</b>	<b>202</b>	<b>61.59%</b>
<b>Total Number of Female Participants</b>	<b>125</b>	<b>38.11%</b>

Age	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	Grand Total
Number	1	6	16	20	19	35	35	33	18	17	35	25	11	2	5	2	1	281

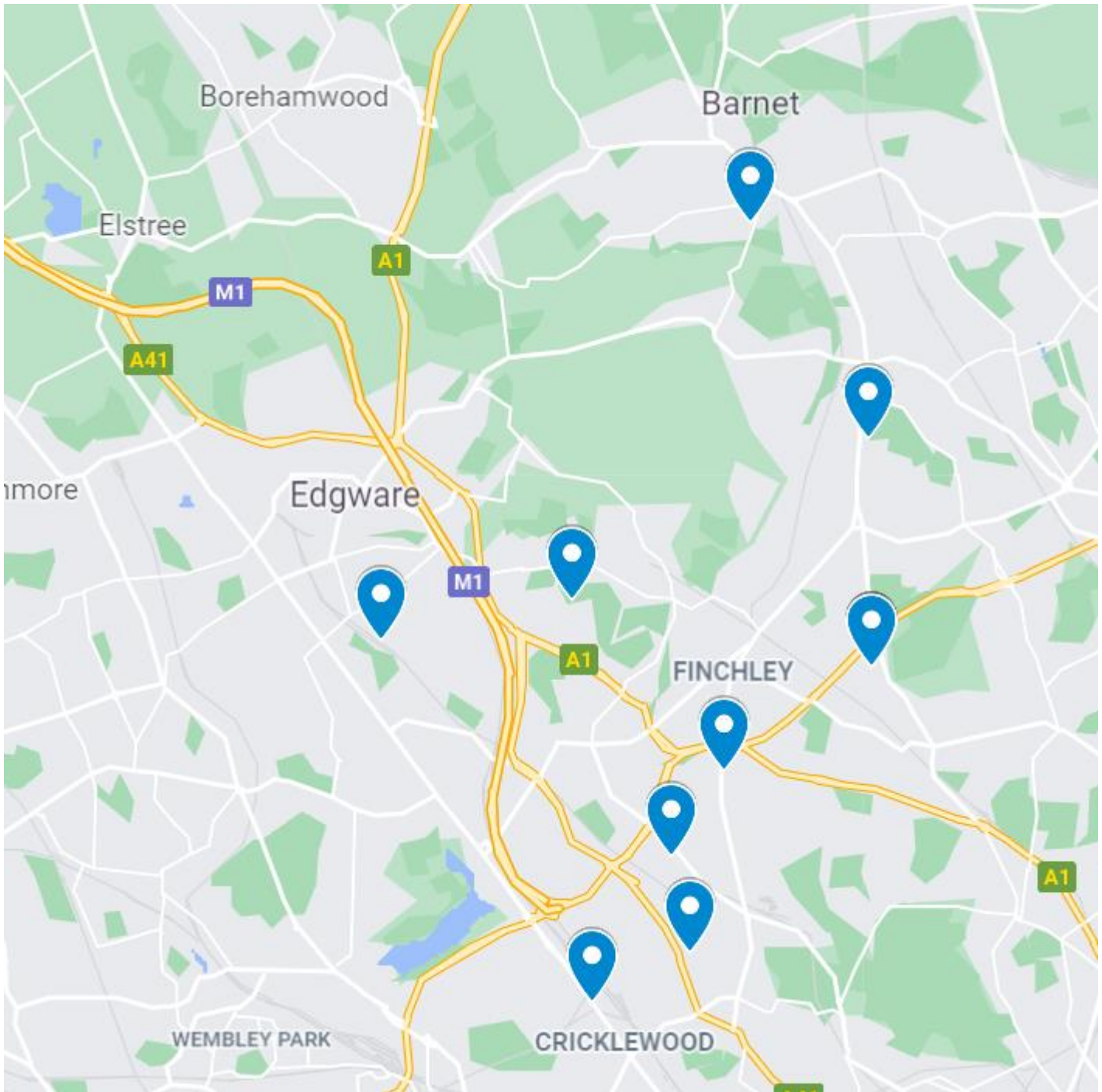


### 3. Funding Award Overview

<b>Organisation Ref.</b>	<b>Organisation Name</b>	<b>Amount</b>
S2G#19-1	Cricklewood Boxing Club	£2,280
S2G#19-2	Axis Educational Trust	£3,648
S2G#19-4	Barnet Community Projects	£950
S2G#19-5	THOCH	£3,040
S2G#19-6	Somali Bravanese Welfare Association in Barnet SBWA	£3,040
S2G#19-7	Pro Touch SA	£1,520
S2G#19-8	Ball Out Community	£1,510
S2G#19-10	Nene Tereza	£1,900
S2G#19-11	Resources For Autism	£874
S2G#9 - 13	Living Way Ministries	£3,344
	<b>TOTAL</b>	<b>£22,106</b>

# 4. Geographical Borough Spread

Geographical spread of Young Barnet Foundation's members delivery.







**HOLIDAY ACTIVITY FUND - WINTER 2021 - IN ACTON**

## 6. Detailed Project Information

The following pages provide more in-depth detail on each project and its successes as supplied in the Monitoring and Evaluation forms by each successful organisation. Wording is a combination of Young Barnet Foundation and the organisation

## Cricklewood Boxing Club

### Background

Cricklewood Boxing Club ran multi-sport camps with nutrition education for 4 days over the Winter Holidays.

Key details in their M&E included:

- Continuing to work with this cohort of Children & Young People in the Cricklewood Area who are forming relationships and getting on as a group
- Tailoring of food menu to ensure there was no waste, but was healthy
- Assistance from Parents with food preparation
- End of week celebration which some parents also attended

### Participant Feedback

"I really enjoy coming to Cricklewood Boxing Club because I can meet up with friends and do loads of different sports in one place, The trip to Flip out was a real treat!" A, male 13

### Organisation Feedback

This was the most enjoyable camp we have run so far - we know how to prepare the food and what they will enjoy, from getting to know this group of children. Because we have had a lot of the same children attend our camps throughout 2021, they are building strong and supportive friendships, which continue outside of our work.

Number of Sessions	Total Unique Participants	Total Participations	Contact Hours
4	19	69	384

## Axis Educational Trust

### Background

Axis Educational Trust aimed to provide an effective, challenging, stimulating, and fun activity program during the Winter Break. This included:

Games, Performing arts and Sports  
Nutrition and Healthy eating education  
And learning activities.

The aim was for participants to try new activities, build friendships, relax, and most importantly, have fun

- We hope that the outcomes will be:
  - boosting academic performance,
  - reducing risky behaviours,
- promoting physical health,
- healthy eating
- emotional and social development

Healthy lunch and refreshments were provided each day.

### Participant Feedback

It was an enjoyable activity and my kids had lots of fun, they were very happy after the day, I am happy to keep them away from screen and spend great time with physical activities with friends/Mother of 12 years old twin siblings, as testimonial

### Organisation Feedback

Holiday Activities and Food Programme offers lots of fun ideas for keeping active, being creative and trying something new over the winter holidays as well as access to nutritious food.

Number of Sessions	Total Unique Participants	Total Participations	Contact Hours
4	45	174	696

## Barnet Community Projects

### Background

To provide a fun and enjoyable end to a trying year, with a meal, for the children. On the first day we took the children bowling with lunch included, using a coach for transport. On the second day we organised a party with games outside and then inside. We then had a meal, gave out presents and activity packs and also a food parcel per family before sending them home. Some regular attendees were unable to join us for various reasons and their presents were delivered.

### Participant Feedback

"When can we come to lunch club again?"  
female, 7 years

### Organisation Feedback

"A good ending to a difficult year. We are grateful for the support from YBF"

Number of Sessions	Total Unique Participants	Total Participations	Contact Hours
2	28	46	184

## The Hope of Childs Hill (THOCH)

### Background

Although it was a wet and blustery week the local cohort of older youths benefited from the post Xmas activities allowing them to participate in a number of fitness activities. Numerous conversations about diet and nutrition and control of eating junk foods. Multi-sport and fitness activities attracted a High level of involvement. Food was highly complimented by the participants who also enjoyed the fruit provided.

### Participant Feedback

I really appreciated being able to get outside and exercise just after Xmas. We never have activities during Xmas in our area and really enjoyed the different sports and fitness sessions.

### Organisation Feedback

It was nice to have local youths benefit from the post Christmas outdoor activities like athletics, basketball and futsal in the fresh air.

Number of Sessions	Total Unique Participants	Total Participations	Contact Hours
4	42	168	840

## Somali Bravenese Welfare Association in Barnet (SBWA)

### Background

The project was even better than the other holiday projects we had done especially as we managed to provide the young an environment which was enriching and engaging. The activities were well thought out and every single participant took part in every activity. It was absolutely lovely seeing the young people thriving, smiling and all-around happy due to the activities and opportunities. Management have had a lot of feedback from the parents of the young many who were super grateful for the opportunity.

### Participant Feedback

Young person A, an 8 year old female told us that she looked forward to waking up every morning so that she can attend the half-term activities because it is sooooo fun..

### Organisation Feedback

The project was encouraging for all including the staff members we have felt proud and happy to have had the opportunity to deliver such a wonderful experience. We have noted that positive feedback from both parents and young people. We look forward to carrying out more holiday activities in the future.

Number of Sessions	Total Unique Participants	Total Participations	Contact Hours
4	35	140	560

## Pro Touch

### Background

We managed to provide a safe and engaging environment for our participants. Healthy meals and nutritional education was also provided. We also provided engaging off-site trips to the zoo, as well as varied and extensive physical activities (including but not limited to football/fencing etc...). We also are proud to have provided a vibrant social setting for kids to socialise and connect with their peers.

### Participant Feedback

"I had loads of fun going to see the animals at the zoo. I made a bunch of new friends and want to come back in Easter," 9 year old male participant.

### Organisation Feedback

"Ending the year with overjoyed young people was a pleasure. Even though the year started with a long lockdown that was too overwhelming, we ended it with twinkling faces. The activities we had were good for both the mental and physical health. I hope that we can have more activities next time and new adventures" Pro Touch SA

Number of Sessions	Total Unique Participants	Total Participations	Contact Hours
4	19	69	276

## Ball Out Community

### Background

Our programme is focused on the provision of grassroots basketball coaching participation and we have a very experienced coaching staff. Our aim is to increase basketball participation. We successfully delivered the project in Whitefield School and the participants enjoyed themselves and the food was very popular as well.

### Participant Feedback

I really enjoyed the Ball Out Camp, usually there is not much to do over Christmas. I thought the food was really good and my favourite part of the camp is the matches at the end. - 14 year old boy.

### Organisation Feedback

We wanted to give a huge thank you to the Young Barnet Foundation, they have been so supportive and they do a fantastic job. It was great that we could deliver at camp over the Christmas break and it is a period of time when kids do not have anything to do. The hot food provided was a great success and received positive feedback.

Number of Sessions	Total Unique Participants	Total Participations	Contact Hours
4	34	98	392

## Nene Tereza

### Background

Albanian Cultural Centre and Supplementary School (Rainbow Centre). The Nene Tereza Albanian British National Organization is Charity non-profit organization established in 2007 to facilitate and perpetuate the education and training of Albanian speaking community in UK which come with our Albanian heritage. Our programme goal is to preserve and teach our next generation the beautiful and ancient Albanian Language history and culture including activities such as traditional folk dance, vocal coaching, sports and tutoring, this will enable our community to orientate, settle and gain access to education, training and employment. We also run many projects for adults which enables to promote and enhance knowledge, health and wellbeing.

### Participant Feedback

This is a quote from a child who has low self-esteem  
 "I am a very shy person and I don't really enjoy school that much as I don't have enough confidence on making friends, but these 4 days really helped me on building up my confidence and I made new friends and we really enjoyed doing activities (It was super fun and lovely feeling to have friends and having a good time) so thank you so much for being with me and helping me making friends"

### Organisation Feedback

Thank you Young Barnet Foundation for supporting us for the last 3 years, without your support we couldn't achieve these things and we wouldn't be able to help children and supporting them on their journey.

Number of Sessions	Total Unique Participants	Total Participations	Contact Hours
4	27	100	400

## Resources for Autism

### Background

Being a specialist autism provider, our schemes are designed to support individuals with a complex profile of needs. We facilitate small groups, based on the level of need, age and the interests of our service users. Most of our service users will require 1:1 support ratio, and support workers will consider the specific needs of the individuals (e.g – communication needs, sensory and dietary needs). During those sessions we support our service users to engage in a range of activities such as sensory activities, sports, arts and cooking.

### Participant Feedback

“I really enjoys the play scheme and looks forward to going when he has school holidays. He is very attached to his school schedule, so having activities he enjoys in the holidays is not only a good thing in itself, but also improves his mood and helps him transition to non-school time.”

### Organisation Feedback

Iris Korczyn, Regional Head of Services London, ‘We were excited that we could offer much needed respite for families and fun activities for children during the Christmas holiday period which was very stressful for all. The additional food offer meant we could engage children and offer food related activities based on their individual needs..

Number of Sessions	Total Unique Participants	Total Participations	Contact Hours
8	24	39	195

## Living Way Ministries

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Number of Sessions	Total Unique Participants	Total Participations	Contact Hours
4	47	176	1232

