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Barnet Food Hub

MONTHLY STATISTICAL

R E P O R T

**Edition: April 2023 No. 28
Published: 25th May 2023**



SUMMARY

In the Monthly Statistical Report, the Barnet Food Hub Team compiles monthly statistical and quantitative data on food / support provided to its partners, for interested parties.

In the month of April, a total of 18,234.91 kg of food were distributed to our various partners saving a total of 48,841.36 kg of CO2 emission equivalents. Further information on support, additional resources that were provided and initiatives undertaken are detailed below.

APRIL FOOD STATISTICS

The number of kilogrammes of food distributed from Barnet Food Hub, and the meal equivalents are shown below.

In addition, we include a metric which we have developed, to indicate the equivalent value of the food we give out.

Each week we purchase fresh fruit and vegetables and ambient produce to ensure that we can provide a consistent supply of ingredients to our foodbank communities. As a result of inflation, this food, which used to be bought from a budget of £1,500 per week, now costs considerably more than it used to – the same food costs around £2,238 per week at time of writing.

By additionally working with our food surplus chain and with help from our team of volunteers, we usually end up sending out between £10,000 - £15,000 worth of food each week.



Outgoing food: April 2023				
	Food in KG	Equivalent meals	CO2 Equivalent saved (KG)	Value of food distributed (£)

TOTAL	18,234.91	43,416.45	48,841.36	£44,169.52
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When our society wastes food, we also waste all the energy and water it takes to grow, harvest, transport it and package it. If food goes to landfill and it rots, it produces methane which as a climate change gas, is 23 times more deadly than carbon dioxide, according to the Chartered Institute of Environmental Health (CIEH). They calculate that each tonne of food waste contributes to almost 4 tonnes of CO2 in greenhouse gas emissions; conversely each tonne of food that is rescued, contributes a saving of 4 tonnes of CO2 emissions.

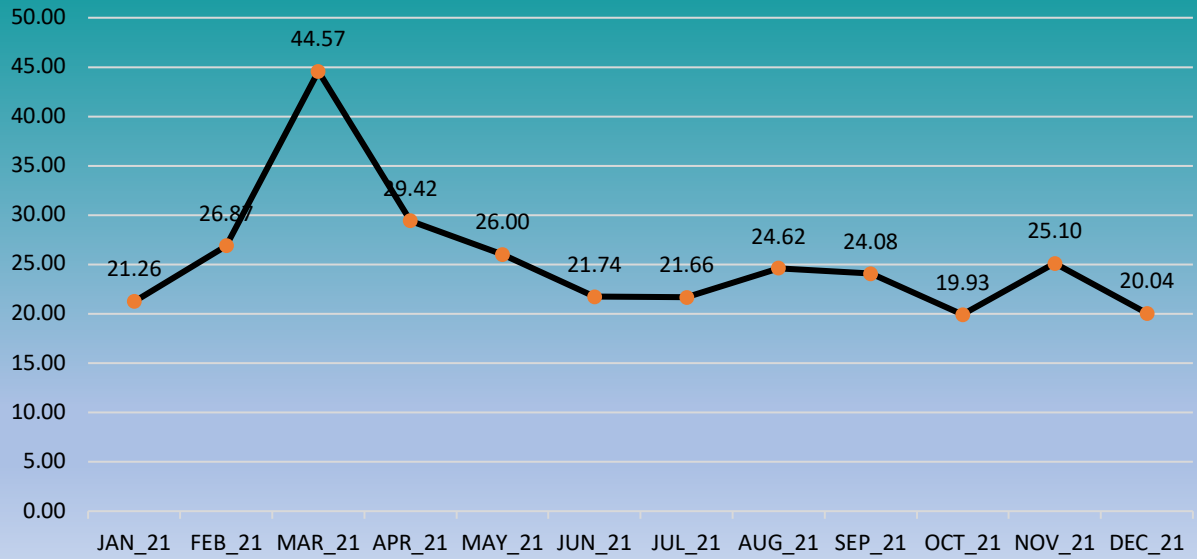
The 'equivalent meals' figure is based on an average portion size for a meal weighing 420g (data derived from Food Portion Sizes, FSA 2008 and also from data from Waste and Resources Action Programme (WRAP), outlined within <https://wrap.org.uk/sites/default/files2020-10/WRAP-Food%20Surplus%20Redistribution%20Estimate%202017%20-%20Information%20sheet.pdf>. That document also contains a calculation of value for food waste at £3 per kilo.

The 'value of food distributed' figure is based on the price of the purchased food that we distribute, plus an average of £3 for kg of surplus food that we send out.

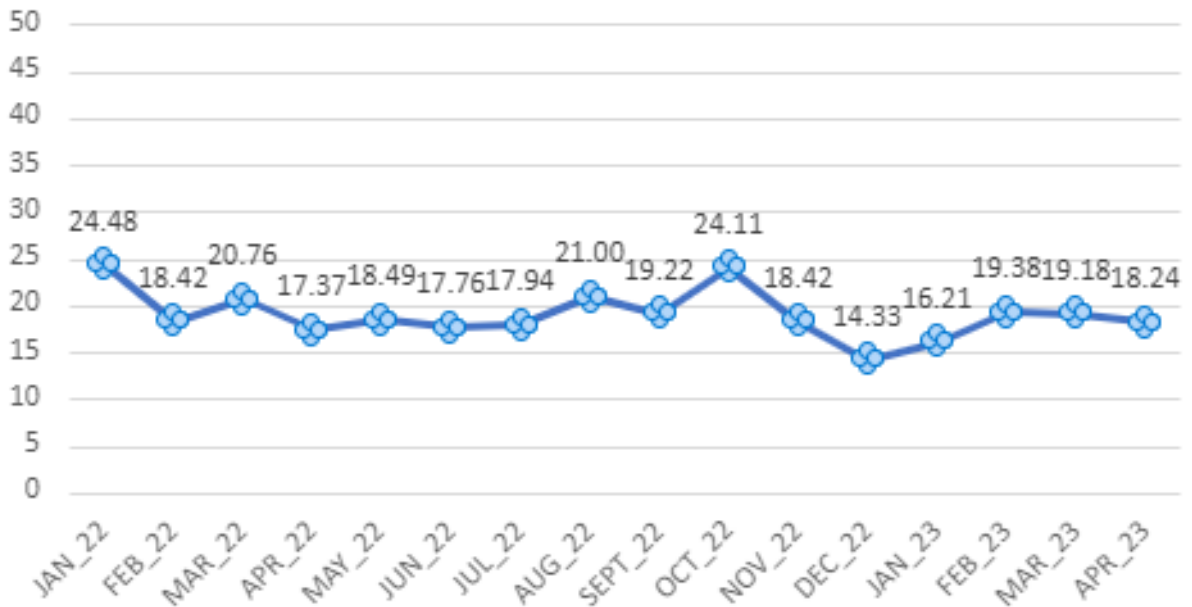
To ensure that the information remains legible, we have separated some of the data. The two charts below show the amount of food distributed during the course of 2021, and the food distributed during the course of 2022, into 2023.



Food Distributed (Tonnes per month) - 2021



Food distributed (Tonnes per month) 2022/23



FOODBANK DATA ANALYSIS

Our Foodbanks share with us monthly data on how their food is distributed throughout the Borough of Barnet. April data is available from our 18 Foodbanks.

This information is collated by Barnet Food Hub and displayed via Public Health on an interactive dashboard, which is available to view using the following link:

<https://app.powerbi.com/view?r=eyJrjoiN2U3YmlxZTQ4OTc5Zi00NjliLWJmZGQtZmNmMWQ5NGFkNWMxliwidCI6IjFiYTQ2OGI5LTE0MTQ4NDY3NS1iZTRmLTUzYzQ3OGFkNDdiYiJ9>

It is clear from the figures provided, that Foodbanks are experiencing ever increasing numbers of people attending for support.



SUB-PROJECTS

Holiday Activities and Food (HAF) Programme – Easter 2023

The beginning of April saw the second tranche of this year's BACE Easter holiday provision.

The Barnet Food Hub was delighted to partner with Bread n Butter CIC who organised providing Easter Family Hampers containing everything required for a vulnerable family to create a delicious meal.

There were two options available: Pea and Sweetcorn Risotto, and Refried Beans with Potato Wedges, The hampers contained all the fresh vegetables and dry / packaged goods to create the meal, together with an easy to read recipe.

The food was purchased, 'hamper' boxes built, and then the food was picked and packed by staff and volunteer teams from Bread n Butter CIC and the Barnet Food Hub. The hampers were then distributed to all of the local organisations, schools and community groups around Barnet which were hosting the HAF scheme – for the children to take home with them at the end of the session.

This initiative is invaluable in helping to ensure that children on free school meals continue to benefit from stimulating and engaging activities, as well as healthy food, during the school holidays. It's a programme which Barnet Food Hub has helped with in several different ways over the last few years – and we're very proud to be involved.

Expansion – in the Barnet Food Hub team, and the amount of surplus food we rescue

In April, we welcomed our newest team member, Ozzi to help in the collection and transportation of surplus food.

His arrival, together with swapping to a much larger van means that we can access surplus food much more efficiently than previously; it means that we now collect from The Felix Project five times per week, collecting greater quantities of surplus food, earlier in the day – which maximises the amount we can distribute to our network of Food Banks.

In addition we now have a far more accurate system for recording all of the surplus food which we receive and send out, just one of many great strides forward to make things run more smoothly and efficiently at the Barnet Food Hub!



Map of our Foodbanks across Barnet



SUPPORT

Foodbanks supported through the Barnet Food Hub:

- All Saints Child's Hill
- Barnet Community Projects – Rainbow Centre
- Burnt Oak Community Foodbank
- Burnt Oak Women's Group
- Chipping Barnet Foodbank
- Christ Church Barnet
- Colindale Foodbank
- Community Network Group
- Finchley Foodbank
- GIFT
- Homeless Action Barnet
- Living Way Ministries
- My Yard
- NW7 Hub
- RCCT
- St Barnabas
- St Peter's Pantry
- West Hendon Community Hub

Additional support provided to foodbanks:

Two newsletters were sent out to our Foodbank community during April, each containing a variety of community fund details and resources for help and funding which the foodbanks and/or their beneficiaries might find useful.



Additional resources and support initiatives provided to our Foodbank community this month, included:

- Save the date – Second Barnet Together Alliance Conference
- Barnet Food Plan details approved
- Heart Research UK
- Community Fridge Network
- Free Funding
- How is the cost of living crisis affecting your voluntary organisation, charity of CIC?
- City Bridge Trust – The Anchor Programme
- Co-op Local Community Fund
- B&Q Foundation Grants
- Barnet Volunteer Managers Learn & Share
- Volunteers' Week 2023 Guidance Sessions
- Online menopause workshops – free
- Optimise your data – specialist free support from expert economists
- The FSI is closing, update from NCVO
- Green Doctors energy saving advice
- Brent Cross pop up charity shop a success
- Do you have the right photo ID to vote?
- Job Opportunity – Member Development Officer, YBF
- Job Opportunity – Communications Officer, Inclusion Barnet
- Need a space to hold your workshop or meeting?
- Cost of living crisis – dedicated help page from Inclusion Barnet
- Partners for health 2023
- Assistive Technology grants to support disabled people
- Your journey to net zero workshops
- Community Innovation Fund awards £240,000 to ten Barnet organisations
- Barnet - becoming a borough of sanctuary
- Congratulations to New Citizens Gateway
- Government cost of living advice for charities
- Understanding Best Before and Use By dates



- Help and Support for Mental Health
- Seeking additional Surplus Food Chefs – Barnet Food Hub
- Barnet's Warm Spaces continue to support residents
- Shopping in a Barnet Tesco this month? Help AgeUK Barnet raise funds
- Ask for ANI (assistance needed immediately) pilot
- Resolving Difficulties with Volunteers – training session
- Barnet Council's Community Events funding
- Tesco Community Grants
- Create equity – capacity building fund
- Co-op local community fund
- Donations from John Lewis Brent Cross
- BOOST grants
- Breathe London Communities Programme
- Unrestricted Funding – NPC
- Barnet Together 2023 Fundraising programme
- SAFE webinars
- Planning a Church Fundraising Capital Appeal
- Free Upshot Barnet VCFSE
- Social Media Impact training
- Deaf Awareness and Sign Language Workshop
- Barnet Cultural Heroes Creative Placemaking
- DCMS launches programme to help charities win public contracts
- Apply for free Vodafone SIM cards for those you are supporting
- Free laptops for your service users
- Free Excel training from Santander
- Chipping Barnet Library awarded £125,000 for Refurbishment
- Job Opportunities – Young Barnet Foundation – 5 opportunities
- Interesting Podcast recommendation – Radio 4 Tanni Grey-Thompson: Still Not Equal



Monthly Foodbank Meeting

Our usual monthly Foodbank Managers Meeting took place on Monday 24th April online.

These meetings are a valuable opportunity for the Foodbanks community of Barnet to meet up for an informal social and networking event; to share updates and news, discuss any concerns, and hear and discuss new ideas and initiatives taking place in the sector.

It's really helpful for everyone to be able to share and learn from each other in this way, and where there are more complicated issues, The Barnet Food Hub is happy to be able to step in and seek further advice and clarification, provide further information, or offer to host relevant training courses.

On this occasion we were joined by Florence Holmes from Volunteering Barnet who joined us to talk about Volunteers' Week which takes place in the first week of June and to offer support and guidance to our Foodbanks in ways that they can acknowledge, celebrate and reward the invaluable help that their volunteer teams provide. Florence also provided a guidance pack to help people after the meeting and who were not able to attend. It was very helpful to have Florence there to propose ideas and answer questions, and we're very grateful to her for giving up her time.

The next monthly meeting is scheduled to take place online on Monday 22nd May, 2023



OTHER

Volunteering hours

The Barnet Food Hub engages with an ever-growing team of volunteers from the community. This ongoing engagement enables the Hub to process larger quantities of food and increases our ability to rescue divert food from the waste cycle. This also benefits the volunteers through offering a sense of community engagement and connection.

This month:	162 volunteer hours
Total:	2,959 volunteer hours

Food Surplus Partners

Donations from The Felix Project, Fareshare and the supermarkets are not always suitable or safe to redistribute to foodbanks. This could be because they are catering sized items or items past their 'best before'. When the food cannot be sent to any of our foodbank partners, we work with wider Barnet community groups to find good homes for these items. This is all part of the Barnet Food Hub commitment to a zero-food waste operation.

Surplus partners helped this month:

- Clitterhouse Farm Project
- New Barnet Community Association
- N2 Meals
- Family Resource Centre
- Feast With Us
- Gratitude
- Edgware Hospital
- Cat Hill Allotments (composting at our local allotment)
- Friend In Need
- Memory Lane
- Age UK





@BarnetFoodHub



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youngbarnetfoundation.org.uk



www.barnettogether.org.uk