



**YOUNG
BARNET**
FOUNDATION

Quarterly Impact Report

July - September 2023

ADDING VALUE

In a vibrant summer quarter, Young Barnet Foundation (YBF) continued its impactful work with the Voluntary Community Faith and Social Enterprise (VCFSE) Children and Young People's sector.

The number of meetings with partners rose again this quarter, these meetings provide valuable opportunities for strategic conversations with partners such as Barnet council, Public Health and the other Barnet Together partners helping to improve representation of our members and capacity and bring much needed funding to the sector.

We continue to support the sector and awarded £257,299 in funding via Space2Grow and the Barnet Community Fund. The majority of the amount awarded was allocated to YBF members for the delivery of the Holiday Activity with Food programme allowing free activities with food for children during the summer holiday period.

We have successfully returned to hosting a Netball tournament raising over £2,000 for Space2Grow. See our highlight this quarter on page 9.

Team Highlights



238 meetings with
partners (354
hours)



107 1-2-1
support visits
with members
(142 hours)



Staff attended 35
training sessions
(53 hours)
improving our
service delivery

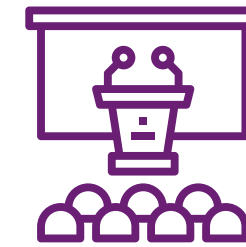
Member Highlights



£257,299 awarded
to members
(through the
Space2Grow and
Barnet Community
Fund)



1 Member
Network Meetings
were held this
quarter (9
members
attended)



208 Members
(4 joined in the
quarter)



Our Member Feedback

(Based on 12 Q3 2023 responses to the YBF Feedback Form)



92% feel that YBF represents / supports the sector fairly



100% view their YBF membership as being extremely / somewhat important



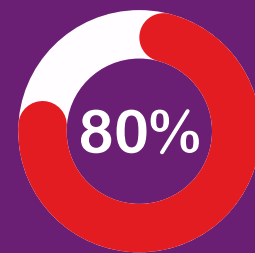
100% say the support / engagement was very valuable / valuable to their organisation



91% were either very satisfied or somewhat satisfied with the training/ workshop/ Member Network Meeting



Will take up the connections suggested



Will explore the advice given



Will put in a funding application



Will take up funding leads

Member Case Study: SweetTree Fields Farm & 4 Young Minds

Nature's Way: Engaging Young Minds in Mental Health Exploration through Nature

Nature's Way, a visionary project conceived by SweetTree Fields Farm project leaders in collaboration with 4 Young Minds and supported by Space2Grow, has concluded successfully, leaving an indelible mark on 83 young minds across 10 different schools. The project's primary goal was to facilitate open conversations about mental health and wellbeing among young people while showcasing the therapeutic benefits of connecting with nature

The project achieved its objectives through a series of engaging sessions:

- Ice Breaker: The journey began with a memory name game, breaking the ice and instantly creating a relaxed and enjoyable atmosphere.

- Scavenger Hunt: Students embarked on a farm-wide scavenger hunt with thought-provoking questions. This activity encouraged contemplation and allowed students to capture moments of joy and happiness through photographs, providing visual reminders during challenging times.
- Forest Fire: In a transformative session, students wrote down things they wanted to start doing, continue doing, and stop doing. The 'Stop' section was symbolically thrown into a fire, signifying a release of negative habits and emotions.
- Sunflower Planting: The project culminated with sunflower planting, where students placed their 'start' and 'continue' aspirations at the base of their sunflower pots. These sunflowers serve as living reminders of positive intentions and personal growth.



Nature's Way has not only fostered a deeper connection between young people and nature but has also ignited conversations about mental health and personal growth, leaving a lasting and positive impact on all participants.

“ On behalf of St Augustine's Community, we would like to say a **Massive THANK YOU** for the opportunity we had. Students enjoyed the day, and we had a wonderful experience!



Teacher from St Augustine's School



Highlight this Quarter



We held a Charity Netball Tournament at Saracens High School on 2nd July

It was an enjoyable day thanks to the support of the **141** players that attended. We raised an incredible **£1,500** to support the children and young people of Barnet.

These funds will be distributed to our members through the Space2Grow funding initiative

We received some great feedback about the day!

Junior Tournament

100%

were either Very or Somewhat satisfied with the event

92%

said this was the first YBF event they attended

“ It was so much fun and good to play against challenging teams ”

Adult Tournament

95%

were either Very or Somewhat satisfied with the event

100%

said this was the first YBF event they attended

“ Very well organised and a nice atmosphere. Good facilities and good communication beforehand ”



Generous Leaders

Thank you organisations that have supported the work of Young Barnet Foundation during the last quarter, adding to the impact we can have in the community.



“Community is about finding people that share the same vision as you.”

