



Barnet Food Hub

MONTHLY STATISTICAL

REPORT

Edition: July 2023 No. 31
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SUMMARY

In the Monthly Statistical Report, the Barnet Food Hub Team compiles monthly statistical and quantitative data on food / support provided to its partners, for interested parties.

In the month of July, a total of 19,974.66 kg of food was distributed to our various partners saving a total of 46,165.60 kg of CO2 emission equivalents. Further information on support, additional resources that were provided and initiatives undertaken are detailed below.

JULY FOOD STATISTICS

The number of kilograms of food distributed from Barnet Food Hub, and the meal equivalents are shown below.

In addition, we include a metric which we have developed, to indicate the equivalent value of the food we give out.

Each week we purchase fresh fruit and vegetables and ambient produce to ensure that we can provide a consistent supply of ingredients to our foodbank communities. As a result of inflation, this food, which used to be bought from a budget of £1,500 per week, now costs considerably more than it used to – the same food costs around £2,238 per week at time of writing.

By additionally working with our food surplus chain and with help from our team of volunteers, we are now usually sending out over £15,000 worth of food each week.



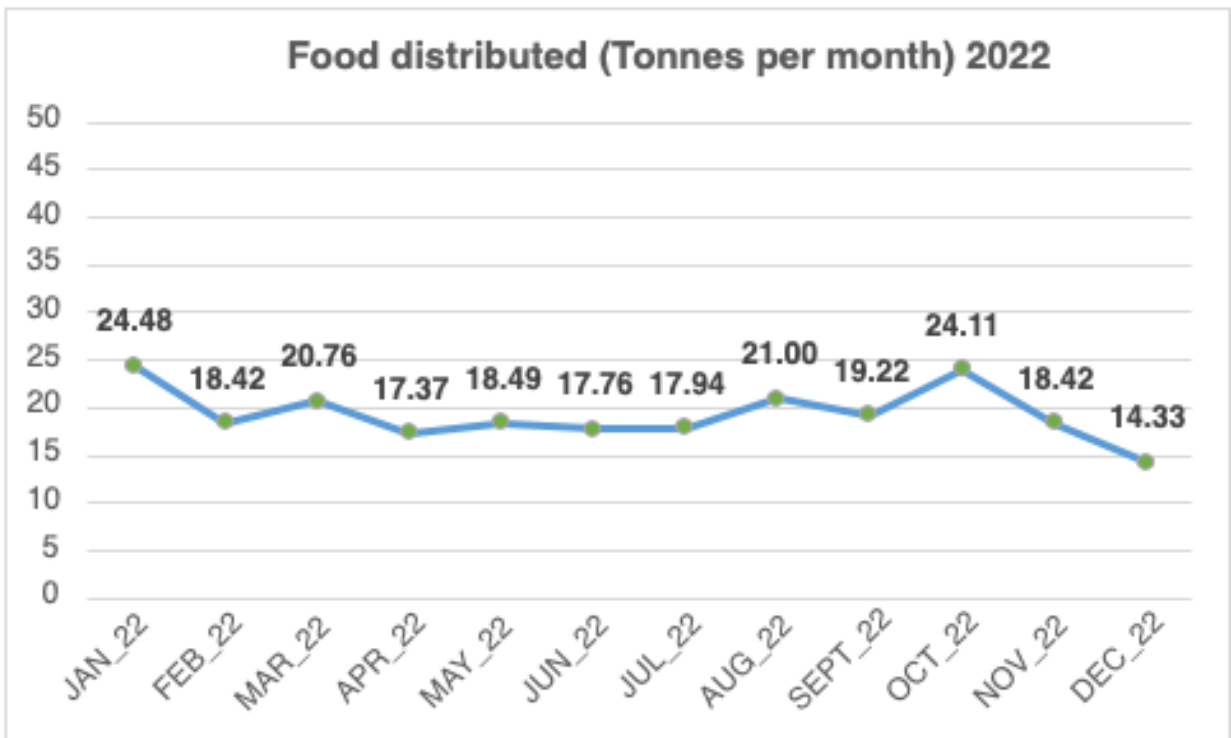
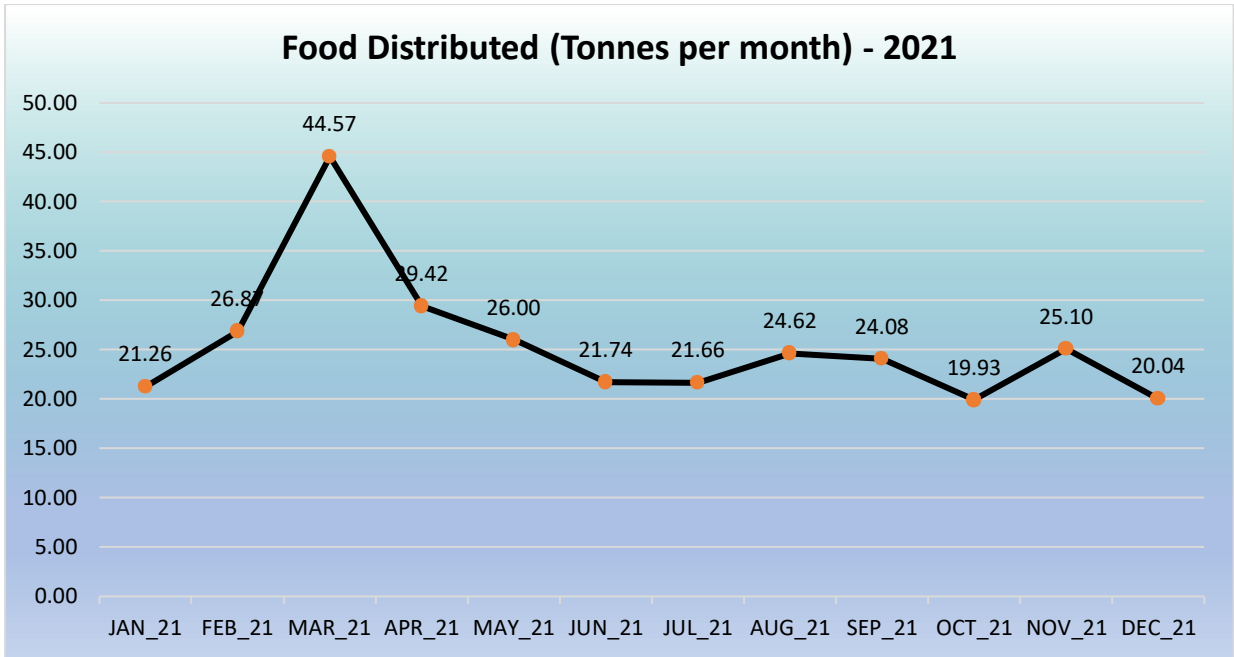
Outgoing food: July 2023				
	Food out, in kg.	Equivalent meals	CO2 Equivalent saved (in kg.)	Value of food distributed (£)
TOTAL	17,974.66	42,796.80.	46,165.60	44,437.51

When our society wastes food, we also waste all the energy and water it takes to grow, harvest, transport it and package it. If food goes to landfill and it rots, it produces methane which as a climate change gas, is 23 times more deadly than carbon dioxide, according to the Chartered Institute of Environmental Health (CIEH). They calculate that each tonne of food waste contributes to almost 4 tonnes of CO2 in greenhouse gas emissions; conversely each tonne of food that is rescued, contributes a saving of 4 tonnes of CO2 emissions.

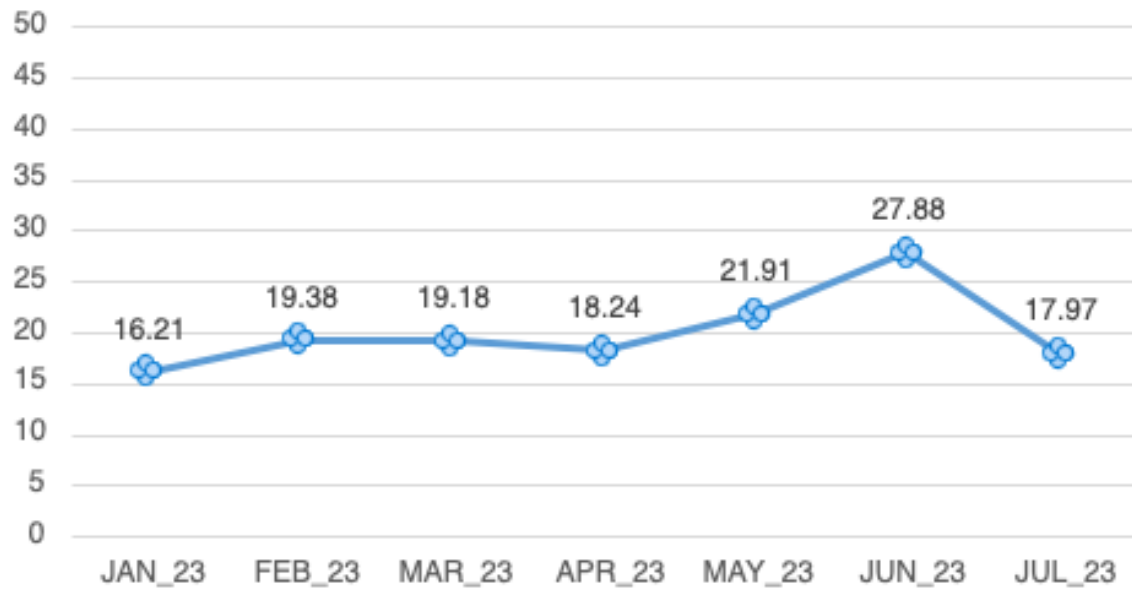
The 'equivalent meals' figure is based on an average portion size for a meal weighing 420g (data derived from Food Portion Sizes, FSA 2008 and also from data from Waste and Resources Action Programme (WRAP), outlined within <https://wrap.org.uk/sites/default/files2020-10/WRAP-Food%20Surplus%20Redistribution%20Estimate%202017%20-%20Information%20sheet.pdf>. That document also contains a calculation of value for food waste at £3 per kilo; the 'value of food distributed' figure is based on the price of the purchased food that we distribute, plus an average of £3 for each kg of surplus food that we send out.

To ensure that the information remains legible, we have separated some of the data. The three charts below show the amount of food distributed during the course of 2021, 2022 and the food distributed to-date during the course of 2023.





Food distributed per month (in Tonnes) 2023



FOODBANK DATA ANALYSIS

Our Foodbanks share with us monthly data on how their food is distributed throughout the Borough of Barnet. July data is available from our 17 Foodbanks.

This information is collated by Barnet Food Hub and displayed via Public Health on an interactive dashboard, which is available to view using the following link:

<https://app.powerbi.com/view?r=eyJrIjoiN2U3YmlxZTQtOTc5Zi00NjliLWJmZGQtZmNmMWQ5NGFkNWMxliwidCI6IjFiYTQ2OGI5LTE0MTQtNDY3NS1iZTRmLTUzYzQ3OGFkNDdiYiJ9>

It is clear from the figures provided, that Foodbanks are experiencing ever increasing numbers of people attending for support.



SUB-PROJECTS

Free Training provided to Foodbanks and their Volunteer teams

The funding which Groundwork London was awarded through the GLA Crisis Grant is being used in part, to support our provision for Volunteers' Week.

A major part of this was to provide free training to Foodbank managers, their key staff and volunteers and other community groups in our network.

We have so far hosted seven face-to-face training sessions which took place here at The Barnet Food Hub in Young Barnet Foundation's large training room – with the last still outstanding, to be delivered on 13th September 2023.

In addition, 40 individuals have been sent a link to complete Food Safety and Hygiene (Level 2). This is a 2 hour online session.

We recommended certain in-person courses and others of them were proposed by Foodbanks in our monthly network meetings – we deliberately involved potential participants in the selection of the courses, to ensure that we were providing training which our network would find the most useful. The courses were all externally sourced and delivered by professional trainers:

- Manual Handling Awareness – 3 x 2 hour sessions
- Emergency First Aid at work – 2 x 6 hour sessions
- Mental Health Champion – 2 x 6 hour sessions
- Conflict Resolution – 1 x 4 hour session scheduled for 13/9/23

Feedback from these face-to-face training sessions has been extremely positive, with almost everyone rating the content of the training, the quality of the trainer's delivery and their overall assessment of the training either 4 or 5 out of 5.

Three quarters rated their overall assessment of the training as excellent, awarding it 5 out of 5.

In addition we received a huge amount of very positive feedback on the day, in terms of how much the participants enjoyed the sessions and how much they felt they had got out of them.

It was a pleasure to be able to provide this really useful training to people in the community who otherwise would be very unlikely to be in a position to take part, and we extend our thanks to the GLA for the grant and to the trainers for their expertise.



Map of our Foodbanks across Barnet

We are currently supporting 17 Foodbanks (and several community groups) across the Borough of Barnet.

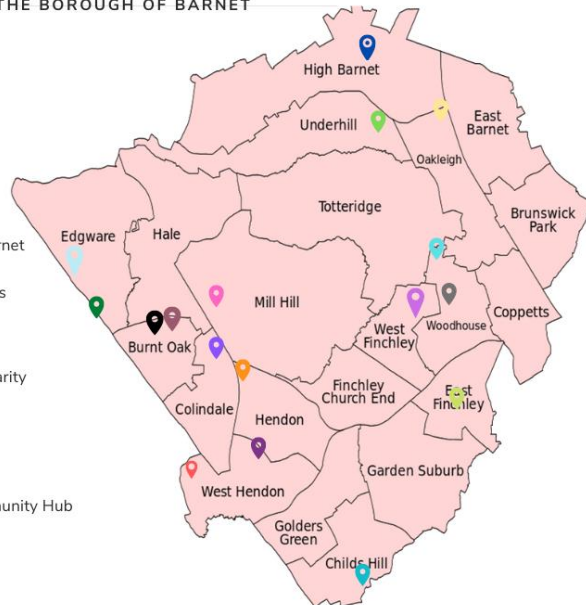
Below is a map of the Foodbanks currently supported by The Barnet Food Hub.



OUR FOODBANK PARTNERS

ACROSS THE BOROUGH OF BARNET

- All Saints Child's Hill
- Barnet Community Projects
- Burnt Oak Community Project
- Burnt Oak Women's Group
- Chipping Barnet
- Christ Church Foodbank
- Colindale Foodbank
- Community Network Group
- Finchley Foodbank
- GIFT
- Homeless Action Barnet
- Living Way Ministries
- NW7 Hub
- RCCT Romanian Charity
- St Barnabas
- St Peter's Pantry
- West Hendon Community Hub



SUPPORT

Foodbanks supported through the Barnet Food Hub this month:

- All Saints Child's Hill
- Barnet Community Projects – Rainbow Centre
- Burnt Oak Community Foodbank
- Burnt Oak Women's Group
- Chipping Barnet Foodbank
- Christ Church Barnet
- Colindale Foodbank
- Community Network Group
- Finchley Foodbank
- GIFT
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Additional support provided to foodbanks:

Two newsletters were sent out to our Foodbank community during July, each containing a variety of community fund details and resources for help and funding which the foodbanks and/or their beneficiaries might find useful.



Additional resources and support initiatives provided to our Foodbank community this month, included:

- Information on free training available
- Interesting read recommendation – interview with Burnt Oak Foodbank founder, Deepa Chauhan
- Good food for all
- Co-op Local Community Fund
- Mayor of London Skills for Londoners Community Programme
- Civil Society Roots Fund
- National Lottery Community Fund – new strategy
- The Space
- Connect Fund
- Pride Events in Barnet
- Summer Solstice Festival
- Basic Security for your Community
- Free Online DSC Insights Talk
- How to encourage a culture of legacy fundraising in our churches
- More than Human Architecture
- Digital primary care services – Online GP access and the NHS App
- Help create a new Mental Health Charter for Barnet
- North London Mental Health Partnership Strategy
- Thinking about starting a charity – podcast
- Find your next workspace
- My Health Matters Day
- What to do if someone is having an epileptic seizure
- Age UK Barnet Digital Skills Sessions
- London Challenge Poverty Week Funding
- Charitable Trust – Open Programme Grants
- Warburton's Community Grants
- Community Action for Partnerships in Health – Funding Opportunity
- Protective security schemes for places of worship
- The Britford Bridge Trust
- Community Focus Summer Exhibition



- Free introduction to Fundraising – Beginners Workshop
- Santander Excel Training Scholarships
- Looking to host a stall at a community event?
- Free Social Welfare Advice Support
- Do you help or support people with learning difficulties?



Monthly Foodbank Meeting

Our usual Monthly Foodbank Managers Meeting took place online on 31st July 2023.

These meetings are a valuable opportunity for the Foodbanks community of Barnet to meet up for an informal social and networking event; to share updates and news, discuss any concerns, and hear and discuss new ideas and initiatives taking place in the sector.

It's really helpful for everyone to be able to share and learn from each other in this way, and where there are more complicated issues, The Barnet Food Hub is happy to be able to step in and seek further advice and clarification, provide further information, or offer to host relevant training courses.

We were delighted to welcome Fay Morris, Digital Inclusion Coordinator, BOOST Barnet, who kindly joined the meeting to tell us about the help that Barnet Council can give to Foodbanks and the wider community via its digital inclusion programme.

Kat Carr, Health in all Policies Officer at the Health Directorate also helpfully gave us her time to join and to answer any questions posed by our Foodbank Managers about the Barnet Food Plan or the Food Partnership.

The next monthly meeting is scheduled to take place online a week later than usual to take account of the summer holidays, and will be on 4th September, 2023.



OTHER

Volunteering hours

The Barnet Food Hub engages with an ever-growing team of volunteers from the community. This ongoing engagement enables the Hub to process larger quantities of food and increases our ability to rescue divert food from the waste cycle. This also benefits the volunteers through offering a sense of community engagement and connection.

This month:	162 volunteer hours
Total:	3,445 volunteer hours

Food Surplus Partners

Donations from The Felix Project, Fareshare and the supermarkets are not always suitable or safe to redistribute to foodbanks. This could be because they are catering sized items or items past their 'best before'. When the food cannot be sent to any of our foodbank partners, we work with wider Barnet community groups to find good homes for these items. This is all part of the Barnet Food Hub commitment to a zero-food waste operation.

Surplus partners helped on an on-going basis:

- Clandon House
- Clitterhouse Farm Project
- New Barnet Community Association
- N2 Meals
- Family Resource Centre
- Feast With Us
- Gratitude
- Edgware Hospital
- Cat Hill Allotments (composting at our local allotment)
- Friend In Need
- Memory Lane
- Age UK





@BarnetFoodHub



foodbankhub@
youngbarnetfoundation.org.uk



www.barnettogether.org.uk