



**YOUNG  
BARNET**  
FOUNDATION



**VB VOLUNTEERING  
BARNET**  
Inspiring and supporting volunteering

The power of experience  
**i b inclusion  
barnet**

**BARNET**  
LONDON BOROUGH



# Barnet Food Hub

**MONTHLY STATISTICAL**

# **R E P O R T**

**Edition: May 2023 No. 29  
Published: 3<sup>rd</sup> July 2023**



## SUMMARY

In the Monthly Statistical Report, the Barnet Food Hub Team compiles monthly statistical and quantitative data on food / support provided to its partners, for interested parties.

In the month of May, a total of 21,912 kg of food was distributed to our various partners saving a total of 58,045 kg of CO2 emission equivalents. Further information on support, additional resources that were provided and initiatives undertaken are detailed below.

## MAY FOOD STATISTICS

The number of kilograms of food distributed from Barnet Food Hub, and the meal equivalents are shown below.

In addition, we include a metric which we have developed, to indicate the equivalent value of the food we give out.

Each week we purchase fresh fruit and vegetables and ambient produce to ensure that we can provide a consistent supply of ingredients to our foodbank communities. As a result of inflation, this food, which used to be bought from a budget of £1,500 per week, now costs considerably more than it used to – the same food costs around £2,238 per week at time of writing.

By additionally working with our food surplus chain and with help from our team of volunteers, we usually end up sending out between £10,000 - £15,000 worth of food each week.



<b>Outgoing food: May 2023</b>				
	Food out, in KG	Equivalent meals	CO2 Equivalent saved (in KG)	Value of food distributed (£)
<b>TOTAL</b>	<b>21,912.04</b>	<b>52,171.52</b>	<b>58,045.32</b>	<b>£53,737.76</b>

When our society wastes food, we also waste all the energy and water it takes to grow, harvest, transport it and package it. If food goes to landfill and it rots, it produces methane which as a climate change gas, is 23 times more deadly than carbon dioxide, according to the Chartered Institute of Environmental Health (CIEH). They calculate that each tonne of food waste contributes to almost 4 tonnes of CO2 in greenhouse gas emissions; conversely each tonne of food that is rescued, contributes a saving of 4 tonnes of CO2 emissions.

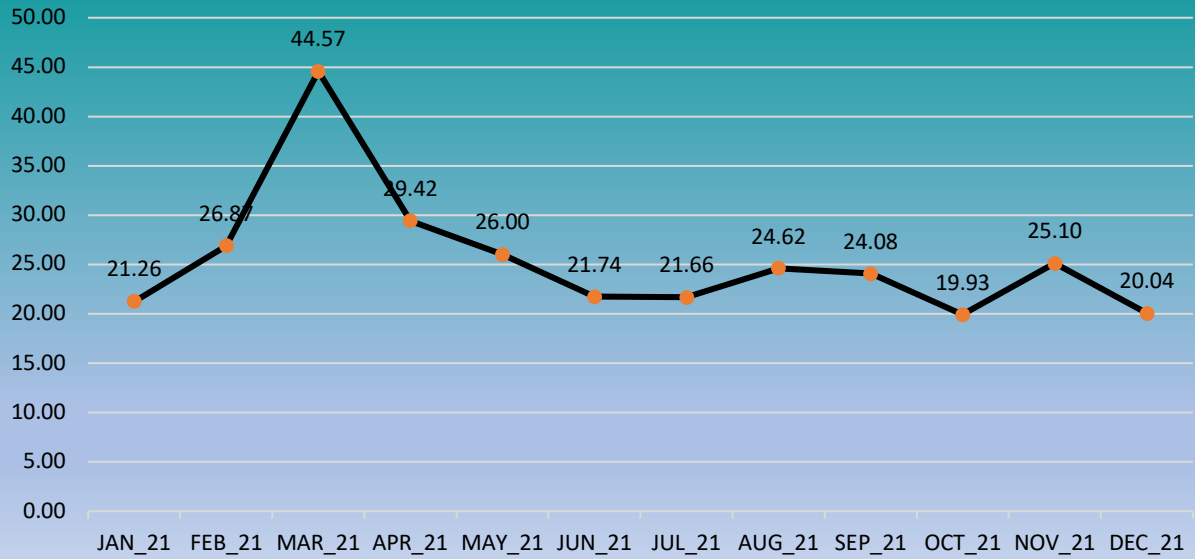
The 'equivalent meals' figure is based on an average portion size for a meal weighing 420g (data derived from Food Portion Sizes, FSA 2008 and also from data from Waste and Resources Action Programme (WRAP), outlined within <https://wrap.org.uk/sites/default/files2020-10/WRAP-Food%20Surplus%20Redistribution%20Estimate%202017%20-%20Information%20sheet.pdf>. That document also contains a calculation of value for food waste at £3 per kilo.

The 'value of food distributed' figure is based on the price of the purchased food that we distribute, plus an average of £3 for kg of surplus food that we send out.

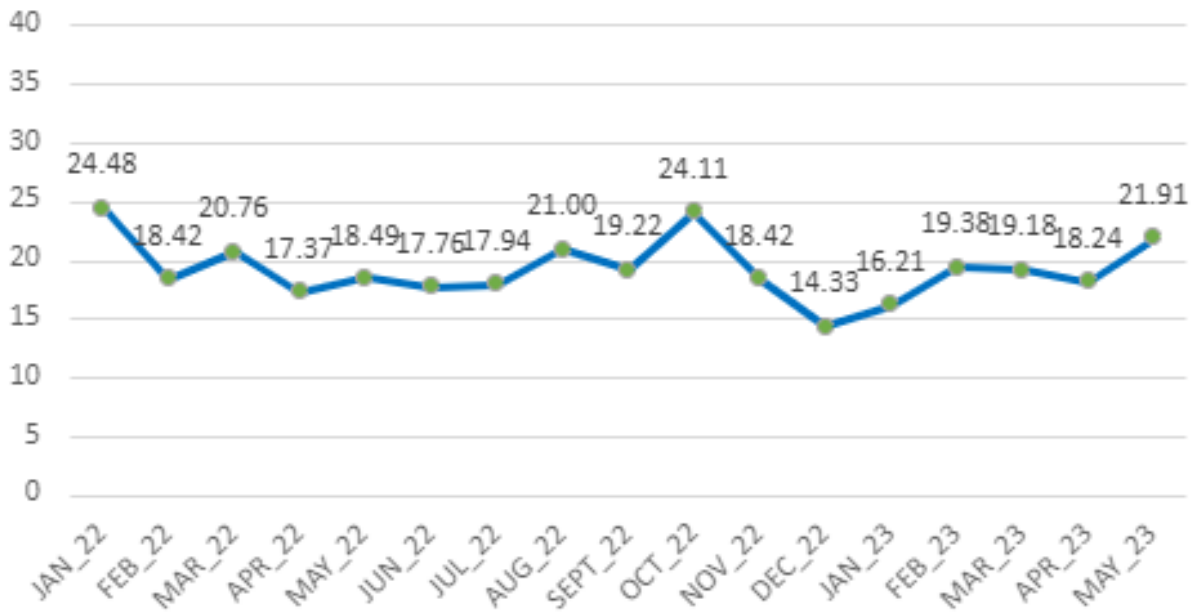
To ensure that the information remains legible, we have separated some of the data. The two charts below show the amount of food distributed during the course of 2021, and the food distributed during the course of 2022, into 2023.



### Food Distributed (Tonnes per month) - 2021



### Food distributed (Tonnes per month) 2022/23



## FOODBANK DATA ANALYSIS

Our Foodbanks share with us monthly data on how their food is distributed throughout the Borough of Barnet. May data is available from our 18 Foodbanks.

This information is collated by Barnet Food Hub and displayed via Public Health on an interactive dashboard, which is available to view using the following link:

<https://app.powerbi.com/view?r=eyJrIjoib2U3YmlxZTQ+OTc5Zi00NjliLWJmZGQ+ZmNmMWQ5NGFkNWMxliwidCI6IjFiYTQ2OGI5LTE0MTQ+NDY3NS1iZTRmLTUzYzQ3OGFkNDdiYiJ9>

It is clear from the figures provided, that Foodbanks are experiencing ever increasing numbers of people attending for support.



## SUB-PROJECTS

### **Volunteers' Week**

Throughout May, the Barnet Food Hub has been preparing for Volunteers' Week which takes place in the first week of June.

Groundwork London was awarded funding from the GLA Crisis Grant and this will be used to help support our provision for Volunteers' Week.

We designed and had printed enough 'Thank You' cards for each of the 18 Foodbanks in our network to give one to each person in their amazing teams of volunteers. A few of our Foodbanks have a very small (but usually incredibly loyal) team of just 4 – 6 volunteers, but others have many more; two of our Foodbanks have over 200 volunteers on their books and a very large team who reliably turn up each week.

The cards could be personalised with the Volunteer's name, or sent as they were if the Foodbanks lacked the capacity to personalise them all, and were gratefully received by Foodbanks as a way for them to acknowledge and show appreciation for the help they receive, without having to spend money on doing so, or expend energy and time which are of course at a premium for them.

This is only part of our provision and support for Volunteers' Week. In addition, we invited Volunteering Barnet along to our Network meetings to provide advice, guidance and ideas for how Foodbanks could celebrate and thank their volunteers, and we will also be providing free training sessions to Foodbank managers and their volunteers throughout June and July.

An example of the Thank You card is provided below.





# THANK YOU

We truly value the time  
you have given to  
fighting food poverty in Barnet.

**“Without community, there is no liberation”**  
- Audre Lorde



## Expanding Team

The Barnet Food Hub team continues to grow and this month we welcomed our newest recruit, Vinoga, in the role of Food Development Officer.

Vinoga will be working closely with the Foodbanks and Barnet Council to help implement the Barnet Food Plan, developing new avenues and systems for expanding the amount of food coming into the Hub which we can then share among the 18 Foodbanks that we support.

Under the ultimate direction of Sarah Whitby at Groundwork London, the Barnet Food Hub project is headed up by Simone Guttoriello. He is supported in the office by Vinoga and by Catherine, Foodbank Support Officer, and in the warehouse and on the food delivery side by Maxwell, Laurence and Ozzie.



## Map of our Foodbanks across Barnet





# SUPPORT

## **Foodbanks supported through the Barnet Food Hub:**

- All Saints Child's Hill
- Barnet Community Projects – Rainbow Centre
- Burnt Oak Community Foodbank
- Burnt Oak Women's Group
- Chipping Barnet Foodbank
- Christ Church Barnet
- Colindale Foodbank
- Community Network Group
- Finchley Foodbank
- GIFT
- Homeless Action Barnet
- Living Way Ministries
- My Yard
- NW7 Hub
- RCCT
- St Barnabas
- St Peter's Pantry
- West Hendon Community Hub

## **Additional support provided to foodbanks:**

Two newsletters were sent out to our Foodbank community during May, each containing a variety of community fund details and resources for help and funding which the foodbanks and/or their beneficiaries might find useful.



**Additional resources and support initiatives provided to our Foodbank community this month, included:**

- Save the date – Second Barnet Together Alliance Conference
- Interesting programme recommendation: BBC Let it Grow – Gardeners' World
- Resolving Difficulties training session from Volunteering Barnet
- Barnet Council's Community Events Funding
- Tesco Community Grants
- Donations from John Lewis Brent Cross
- BOOST
- Breathe London Communities Programme
- Unrestricted funding – NPC
- SAFE webinars throughout May and June
- Deaf Awareness and Sign Language workshop
- Barnet Cultural Heroes creative placemaking
- DCMS launches programme to help charities win public contracts
- Apply for free Vodafone SIM cards for those you are supporting
- Free laptops for your service users
- Free Excel training – from Santander
- Chipping Barnet Library awarded £125,000 for refurbishment
- Job opportunities – Five available at Young Barnet Foundation
- Need a space to hold your workshop or meeting?
- Interesting podcast recommendation – Radio 4: Tanni Grey-Thompson 'Still not Equal'
- Brent Cross pop-up charity shop a success
- Cost of Living Crisis
- Understanding best before and use by dates
- Help and Support for mental health
- Seeking additional surplus food chefs – Barnet Food Hub
- Helpful programme recommendation: Jamie's £1 Wonders – Channel 4
- Barnet's Warm Spaces continue to support residents
- Shopping in a Barnet Tesco this month? Help Age UK Barnet to raise funds



- Sport England: Small Grants Programme
- The Yapp Charitable Trust
- Co-op Local Community Fund
- Morrisons Grants and Funding
- The W G Edwards Charitable Foundation
- The Weavers' Company Benevolent Fund
- Bernard Sunley Foundation
- Dollond Charitable Trust
- Free CEO talk session with Debra Allcock Tyler: let's get through it together
- Proms at St Jude's Festival
- Introduction to Volunteering Barnet
- London Festival of Architecture
- MECC Link London relaunch
- Survey – your help is needed – ways by which the NHS can contribute to improving community health, wealth and wellbeing
- Have your say on new 'Superloop' bus route
- Nominations open for Creative Shootout Charity of the Year 2024
- New decision-making system for Barnet Council agreed
- Healthier High Streets – Join Barnet's Community Toilet Scheme
- Household Support Fund continues after a successful year
- West London Works – help into employment



## **Monthly Foodbank Meeting**

Because of the Bank Holiday on 29<sup>th</sup> May, our usual monthly Foodbank Managers Meeting took place a week earlier than usual, on Monday 22<sup>nd</sup> May online.

These meetings are a valuable opportunity for the Foodbanks community of Barnet to meet up for an informal social and networking event; to share updates and news, discuss any concerns, and hear and discuss new ideas and initiatives taking place in the sector.

It's really helpful for everyone to be able to share and learn from each other in this way, and where there are more complicated issues, The Barnet Food Hub is happy to be able to step in and seek further advice and clarification, provide further information, or offer to host relevant training courses.

The next monthly meeting is scheduled to take place online on Monday 26<sup>th</sup> June, 2023.



## OTHER

### Volunteering hours

The Barnet Food Hub engages with an ever-growing team of volunteers from the community. This ongoing engagement enables the Hub to process larger quantities of food and increases our ability to rescue divert food from the waste cycle. This also benefits the volunteers through offering a sense of community engagement and connection.

This month: 162 volunteer hours  
Total: 3,121 volunteer hours

### Food Surplus Partners

Donations from The Felix Project, Fareshare and the supermarkets are not always suitable or safe to redistribute to foodbanks. This could be because they are catering sized items or items past their 'best before'. When the food cannot be sent to any of our foodbank partners, we work with wider Barnet community groups to find good homes for these items. This is all part of the Barnet Food Hub commitment to a zero-food waste operation.

Surplus partners helped this month:

- Clitterhouse Farm Project
- New Barnet Community Association
- N2 Meals
- Family Resource Centre
- Feast With Us
- Gratitude
- Edgware Hospital
- Cat Hill Allotments (composting at our local allotment)
- Friend In Need
- Memory Lane
- Age UK





@BarnetFoodHub



foodbankhub@  
youngbarnetfoundation.org.uk



[www.barnettogether.org.uk](http://www.barnettogether.org.uk)