



Barnet Food Hub

MONTHLY STATISTICAL

REPORT

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SUMMARY

In the Monthly Statistical Report, the Barnet Food Hub Team compiles monthly statistical and quantitative data on food / support provided to its partners, for interested parties.

In the month of March, a total of 19,181 kilogrammes of food were distributed to our various partners saving a total of 76,724 kilogrammes of CO2 emission equivalents. Further information on support, additional resources that were provided and initiatives undertaken are detailed below.

MARCH FOOD STATISTICS

The number of kilogrammes of food distributed from Barnet Food Hub, and the meal equivalents are shown below.

In addition, we include a metric which we have developed, to indicate the equivalent retail value of the food we give out.

Each week we purchase fresh fruit and vegetables and ambient produce to ensure that we can provide a consistent supply of ingredients to our foodbank communities. As a result of inflation, this food, which used to be bought from a budget of £1,500 per week, now costs considerably more than it used to – the same food costs around £2,238 per week at time of writing.

By additionally working with our food surplus chain and with help from our team of volunteers, we usually end up sending out between £10,000 - £15,000 worth of food each week.

This additional surplus input which we receive has become very variable – and noticeably lower over recent months. This is due to less surplus food coming into our warehouse and much more of what is available from surplus channels being of insufficiently good quality to share – meaning that overall, we have less food available to give to Foodbanks, at a time when demand is surging.



Outgoing food: March 2023				
	Food in KG	Equivalent meals	CO2 Equivalent saved (KG)	Value of food distributed
TOTAL	19,181	45,669	76,724	£43,692.19

When our society wastes food, we also waste all the energy and water it takes to grow, harvest, transport it and package it. If food goes to landfill and it rots, it produces methane which as a climate change gas, is 23 times more deadly than carbon dioxide, according to the Chartered Institute of Environmental Health (CIEH). They calculate that each tonne of food waste contributes to almost 4 tonnes of CO2 in greenhouse gas emissions; conversely each tonne of food that is rescued, contributes a saving of 4 tonnes of CO2 emissions.

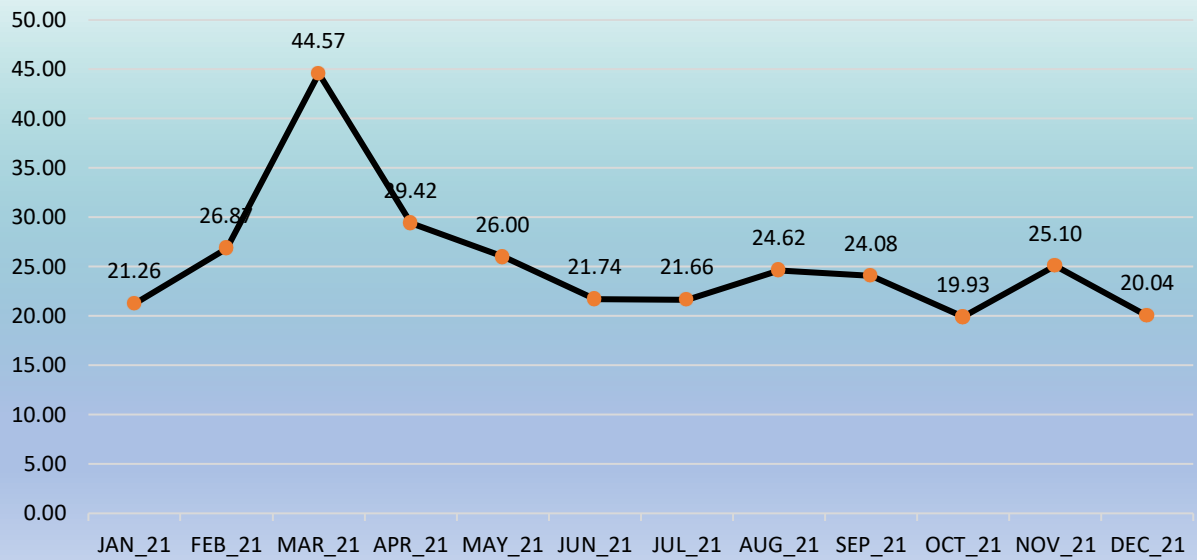
The 'equivalent meals' figure is based on an average portion size for a meal weighing 420g (data derived from Food Portion Sizes, FSA 2008 and also from data from Waste and Resources Action Programme (WRAP), outlined within <https://wrap.org.uk/sites/default/files2020-10/WRAP-Food%20Surplus%20Redistribution%20Estimate%202017%20-%20Information%20sheet.pdf>. This document also recommends calculating the value of food waste at £3 per kilo.

The Value of Food Distributed figure is based on the price of the purchased food that we send out, plus an average of £3 per kg of surplus food that we distribute.

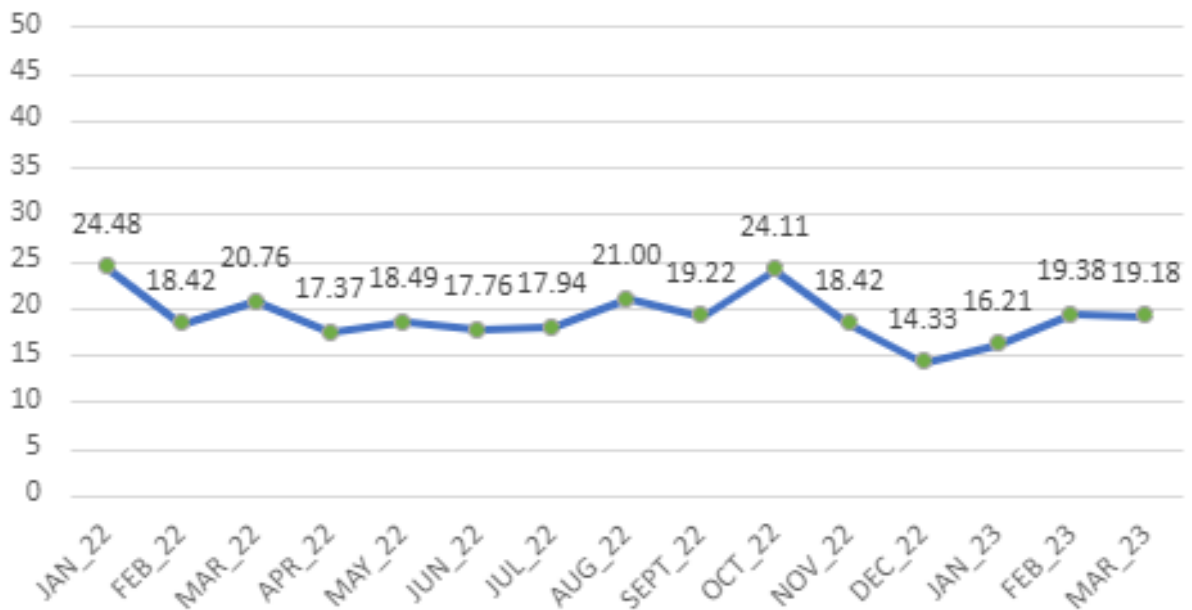
To ensure that the information remains legible, we have separated some of the data. The two charts below show the amount of food distributed during the course of 2021, and the food distributed during the course of 2022, into 2023.



Food Distributed (Tonnes per month) - 2021



Food distributed (Tonnes per month) 2022/23



FOODBANK DATA ANALYSIS

Our Foodbanks share with us monthly data on how their food is distributed throughout the Borough of Barnet. March data is available from our 18 Foodbanks.

This information is collated by Barnet Food Hub and displayed via Public Health on an interactive dashboard, which is available to view using the following link:

<https://app.powerbi.com/view?r=eyJrIjoiaN2U3YmlxZTQtOTc5Zi00NjliLWJmZGQtZmNmMWQ5NGFkNWMxliwidCI6IjFiYTQ2OGI5LTE0MTQtNDY3NS1iZTRmLTUzYzQ3OGFkNDdiYiJ9>

It is clear from the figures provided, that Foodbanks are experiencing ever increasing numbers of people attending for support.



SUB-PROJECTS

Holiday Activities and Food (HAF) Programme – Easter 2023

The end of March saw the first tranche of this year's BACE Easter holiday provision.

The Barnet Food Hub was delighted to partner with Bread n Butter CIC who organised providing Easter Family Hampers containing everything required for a vulnerable family to create a delicious meal.

There were two options available: Pea and Sweetcorn Risotto, and Refried Beans with Potato Wedges. The hampers contained all the fresh vegetables and dry / packaged goods to create the meal, together with an easy-to-read recipe.

The food was purchased, 'hamper' boxes built, and then the food was picked and packed by staff and volunteer teams from Bread n Butter CIC and the Barnet Food Hub. The hampers were then distributed to all of the local organisations, schools and community groups around Barnet which were hosting the HAF scheme – for the children to take home with them at the end of the session.

This initiative is invaluable in helping to ensure that children on free school meals continue to benefit from stimulating and engaging activities, as well as healthy food, during the school holidays. It's a programme which Barnet Food Hub has helped with in several different ways over the last few years – and we're very proud to be involved.



Map of our Foodbanks across Barnet



SUPPORT

Foodbanks supported through the Barnet Food Hub:

- All Saints Child's Hill
- Barnet Community Projects – Rainbow Centre
- Burnt Oak Community Foodbank
- Burnt Oak Women's Group
- Chipping Barnet Foodbank
- Christ Church Barnet
- Colindale Foodbank
- Community Network Group
- Finchley Foodbank
- GIFT
- Homeless Action Barnet
- Living Way Ministries
- My Yard
- NW7 Hub
- RCCT
- St Barnabas
- St Peter's Pantry
- West Hendon Community Hub

Additional support provided to foodbanks:

Three newsletters were sent out to our Foodbank community during March, each containing a variety of community fund details and resources for help and funding which the foodbanks and/or their beneficiaries might find useful.



Additional resources and support initiatives provided to our Foodbank community this month, included:

- Overview of the Barnet Food Plan 2022 – 2027
- Magic Little Grants
- Hub connections: Community Cancer Awareness
- International Women's Day in Barnet
- Get active, give it a go
- Women's Night Safety and Bystander training
- Preventing vicarious trauma and burnout training
- Crowdfund Barnet
- Funding tender for local not-for-profits
- New equalities, diversity and inclusion policy in Barnet
- Volunteer management training
- World Social Work Day webinar
- Free excel training from Santander
- Job Opportunity – Inclusion Barnet – Healthwatch Manager
- Spring Choirs Celebration concert
- Additional funding through the cost of living crisis
- Celebrate important national events
- B&Q foundation grants
- London Marathon Trust – active spaces fund
- Sport England – get active
- Barnet Together 2023 fundraising programme
- Free CEO talk session with Debra Allcock Tyler from DSC
- Head Held High fundraiser
- Inclusive (and better) recruitment – Guest blog by Stonegrove Community Trust
- 2econd Chance – refurbished laptops
- Job Opportunity – Grange Big Local vacancy
- Barnet Safeguarding survey



- Free and easy fundraising for your organisation
- Upshot Business Development and Account Manager
- £1m fund to support vulnerable families during the Cost of Living crisis (UK)
- Cost of living crisis – dedicated information page available
- BACE holiday activity and food programme (HAF)
- Building Strong Communities fund
- Get on board with BarNET ZERO
- Funding from Lloyds Bank Foundation
- City Bridge Trust Stepping Stones Fund
- Community Organising Training
- Join the Warm Spaces initiative
- Help and support for Mental Health
- Gisela Graham Foundation funding
- Specialised bereavement training from MIND
- Green Doctors energy saving advice
- Seeking Surplus Food Chefs
- Free TVs, radios and tablets
- United for Warmer Homes campaign
- Fair Play Barnet accessible playground consultation
- BBC Make a Difference awards
- Sensory Walks Training workshop
- Jewish Community Conversation about suicide prevention
- Neurodiversity celebration at Middlesex University
- Voter ID changes
- Romanian Food Hub Walking Group and Coffee Morning
- Understanding Best Before and Use By dates – food labelling advice and guidance from WRAP
- Bread n Butter Harmonious hormone wellbeing workshops
- Asda Foundation investing in spaces and places grant
- Interesting read recommendation: Go Wild Once a Week
- Grants to support refugees in England



- Tweed Family Charitable Foundation
- Donations from John Lewis Brent Cross
- Navigating the Cost of Living crisis Q&A for small organisations
- Introducing London's cost of living tracker
- Become a safeguarding expert within your organisation
- News: Community Innovation Fund awards £240,000 to ten Barnet organisations
- Make the most of your donation potential this Ramadan
- Say thank you to your volunteers
- Art to prevent violent crime
- The Big Iftar – celebrating Ramadan in Barnet
- Job Opportunity – Barnet Food Hub Food Development Officer
- Save the Date – second Barnet Together Alliance Conference
- Funding tender for local not for profits: £5K - £15K funding opportunity
- Barnet Spacehive Spring 2023 matched funding
- Barnet council's community events funding
- Events in Barnet for the King's Coronation
- Partners for health 2023
- Mayor of London's VAWG cost of living fund
- Assistive technology grants to support disabled people
- Your journey to net zero workshops
- Need a space to hold a workshop or meeting?
- Barnet – becoming a borough of sanctuary
- Congratulations to New Citizens Gateway!
- Ask for ANI (assistance needed immediately) pilot



Monthly Foodbank Meeting

Our usual monthly Foodbank Managers Meeting took place on Monday 27th March online.

These meetings are a valuable opportunity for the Foodbanks community of Barnet to meet up for an informal social and networking event; to share updates and news, discuss any concerns, and hear and discuss new ideas and initiatives taking place in the sector.

It's really helpful for everyone to be able to share and learn from each other in this way, and where there are more complicated issues, The Barnet Food Hub is happy to be able to step in and seek further advice and clarification, provide further information, or offer to host relevant training courses.

On this occasion we were joined by Kat Carr, Health in All Policies Officer, Public Health Directorate who gave a very interesting presentation on the Food Plan, providing a great opportunity for our Foodbank Managers to hear first-hand what it is all about and to have their questions answered. We're very grateful to Kat for making the time to come along.

The next monthly meeting is scheduled to take place online on Monday 24th April, 2023



OTHER

Volunteering hours

The Barnet Food Hub engages with an ever-growing team of volunteers from the community. This ongoing engagement enables the Hub to process larger quantities of food and increases our ability to rescue divert food from the waste cycle. This also benefits the volunteers through offering a sense of community engagement and connection.

This month:	162 volunteer hours
Total:	2,797 volunteer hours

Food Surplus Partners

Donations from The Felix Project, Fareshare and the supermarkets are not always suitable or safe to redistribute to foodbanks. This could be because they are catering sized items or items past their 'best before'. When the food cannot be sent to any of our foodbank partners, we work with wider Barnet community groups to find good homes for these items. This is all part of the Barnet Food Hub commitment to a zero-food waste operation.

Surplus partners helped this month:

- Clitterhouse Farm Project
- New Barnet Community Association
- N2 Meals
- Family Resource Centre
- Feast With Us
- Gratitude
- Edgware Hospital
- Cat Hill Allotments (composting at our local allotment)
- Friend In Need
- Memory Lane
- Age UK





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youngbarnetfoundation.org.uk



www.barnettogether.org.uk