



Barnet Food Hub

MONTHLY STATISTICAL

REPORT

Edition: August 2023 No. 32
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SUMMARY

In the Monthly Statistical Report, the Barnet Food Hub Team compiles monthly statistical and quantitative data on food / support provided to its partners, for interested parties.

In the month of August, a total of 23,239.40 kg of food was handled and all but the unusable food distributed to our various partners. Further information on support, additional resources that were provided and initiatives undertaken are detailed below.

AUGUST FOOD STATISTICS

The number of kilograms of food handled from Barnet Food Hub, and the meal equivalents are shown below.

In addition, we include a metric which we have developed, to indicate the equivalent value of the food we give out.

Each week we purchase fresh fruit and vegetables and ambient produce to ensure that we can provide a consistent supply of ingredients to our foodbank communities. As a result of inflation, this food, which used to be bought from a budget of £1,500 per week, now costs considerably more than it used to – the same food costs around £2,238 per week at time of writing.

By additionally working with our food surplus chain and with help from our team of volunteers, we are now usually sending out over £15,000 worth of food each week.



August 2023

	Food handled (in kg.)	Equivalent number of meals	Value of food handled (£)
TOTAL	23,239.40	55,331.91	58,216

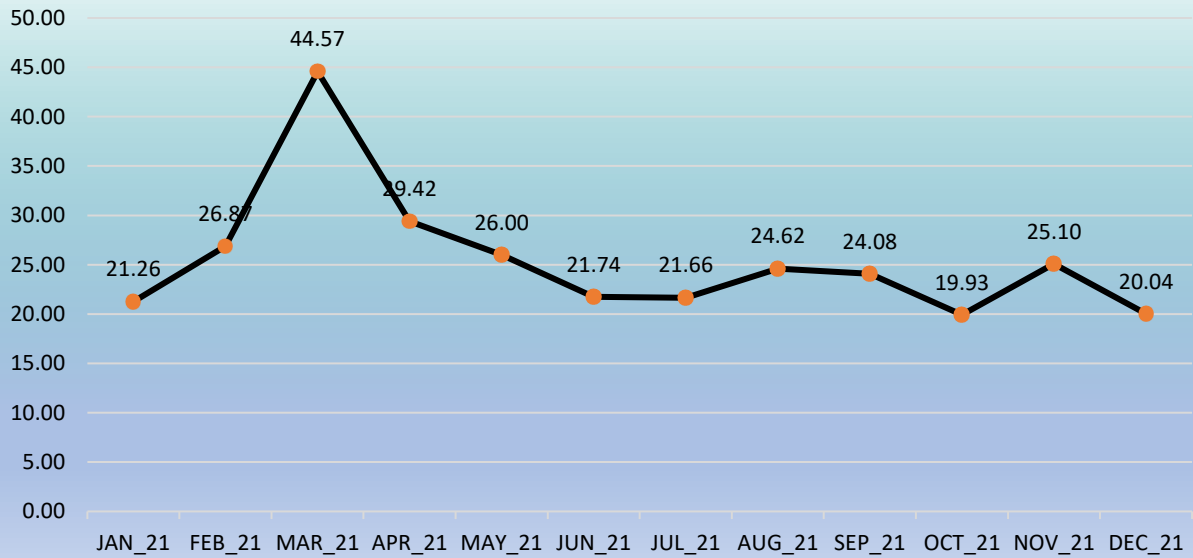
When our society wastes food, we also waste all the energy and water it takes to grow, harvest, transport it and package it. If food goes to landfill and it rots, it produces methane which as a climate change gas, is 23 times more deadly than carbon dioxide, according to the Chartered Institute of Environmental Health (CIEH). So any food that we can save from landfill is worth saving – especially if it can get to hungry people's plates.

The 'equivalent meals' figure is based on an average portion size for a meal weighing 420g (data derived from Food Portion Sizes, FSA 2008 and also from data from Waste and Resources Action Programme (WRAP), outlined within <https://wrap.org.uk/sites/default/files2020-10/WRAP-Food%20Surplus%20Redistribution%20Estimate%202017%20-%20Information%20sheet.pdf>. That document also contains a calculation of value for food waste at £3 per kilo; the 'value of food distributed' figure is based on the price of the purchased food that we distribute, plus an average of £3 for each kg of surplus food that we send out.

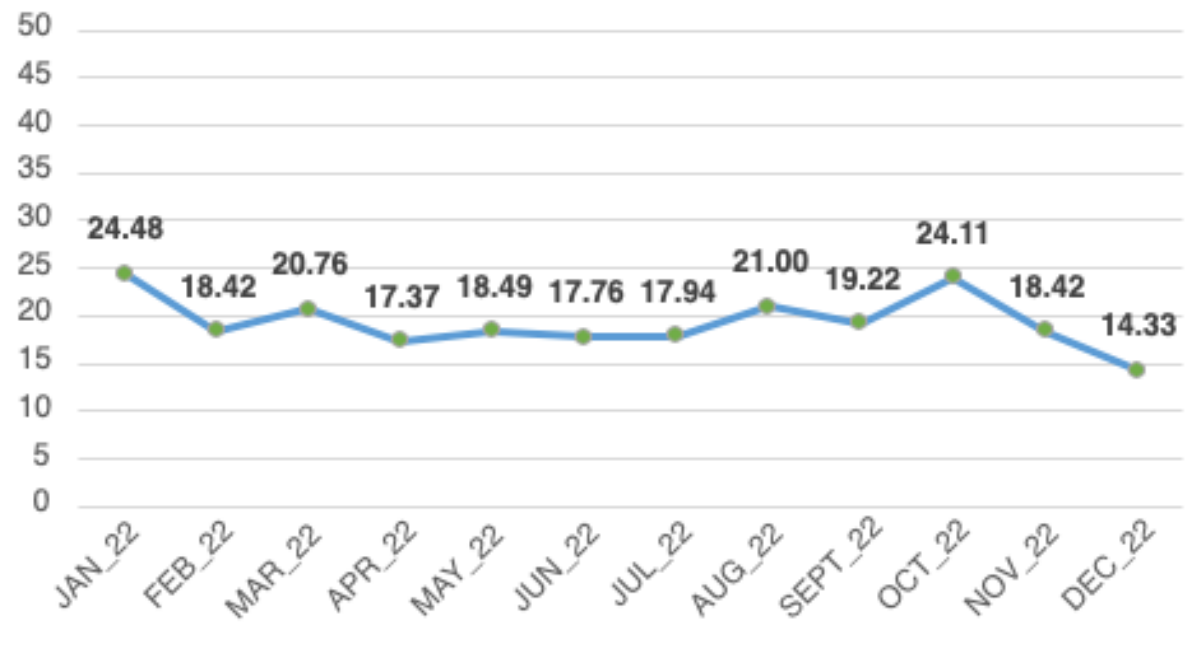
To ensure that the information remains legible, we have separated some of the data. The three charts below show the amount of food distributed during the course of 2021, 2022 and the food distributed to-date during the course of 2023.



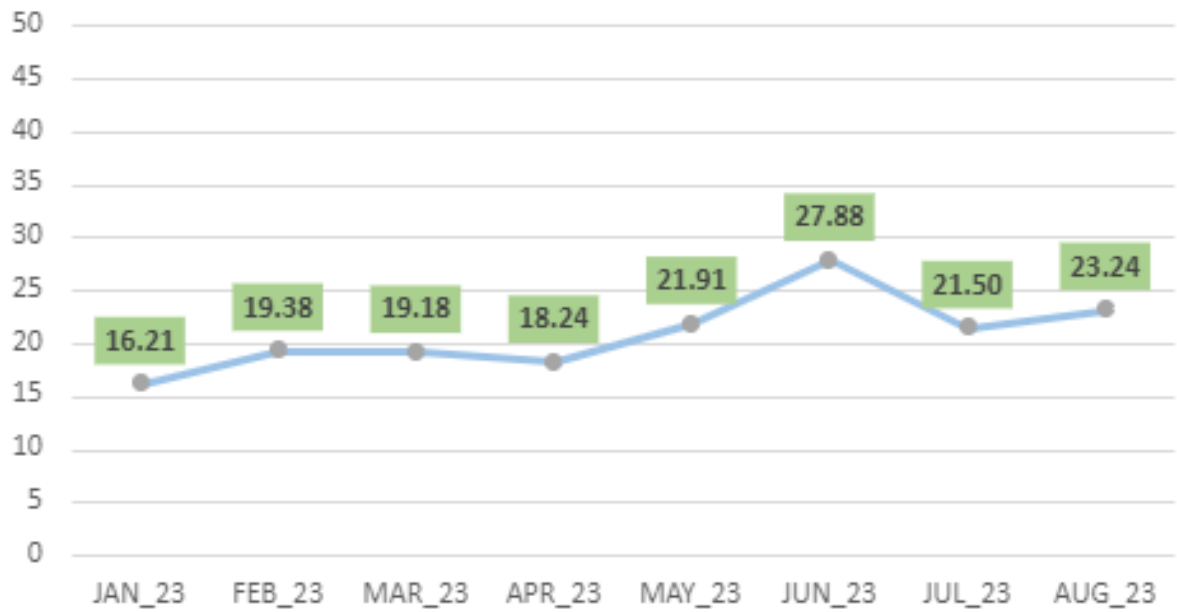
Food Distributed (Tonnes per month) - 2021



Food distributed (Tonnes per month) 2022



Food Handled 2023 (Tonnes per month)



FOODBANK DATA ANALYSIS

Our Foodbanks share with us monthly data on how their food is distributed throughout the Borough of Barnet. August data is available from all Foodbanks in our network.

This information is collated by Barnet Food Hub and displayed via Public Health on an interactive dashboard, which is available to view using the following link:

<https://app.powerbi.com/view?r=eyJrIjoib2U3YmlxZTQ1OTc5Zi00NjliLWJmZGQtZmNmMWQ5NGFkNWMxliwidCI6IjFiYTQ2OGI5LTE0MTQ1NDY3NS1iZTRmLTUzYzQ3OGFkNDdiYiJ9>

It is clear from the figures provided, that Foodbanks are experiencing ever increasing numbers of people attending for support.



SUB-PROJECTS

Barnet Foodbanks supported by the Barnet Food Hub

We currently support 15 Foodbanks with purchased fresh and packaged food; there are various additional organisations which we support as part of our network, in other words by providing surplus food, inviting them to events, supporting them with grants and funding opportunities and hosting network meetings. 'Homeless Action Barnet' and 'Christ Church Barnet' are two organisations which previously were classed as Foodbanks that we support, but which fall into this category of not receiving purchased food, hence the total number of Foodbanks now supported appears to have fallen slightly compared with previous reports.

Data Collection Systems

Each month we collect data from our network of Foodbanks to feed into Barnet Council's information dashboard. The need to collate this data puts a burden on Foodbanks and the team at Barnet Food Hub is currently working on new data collection software designed to make this much easier for Foodbanks to gather and feed into the reporting system.

We are hoping to pilot this system over the coming few months.



Map of our Foodbanks across Barnet

We are currently supporting 15 Foodbanks with a predictable supply of purchased food, as well as providing other support and surplus food to several community groups across the Borough of Barnet.

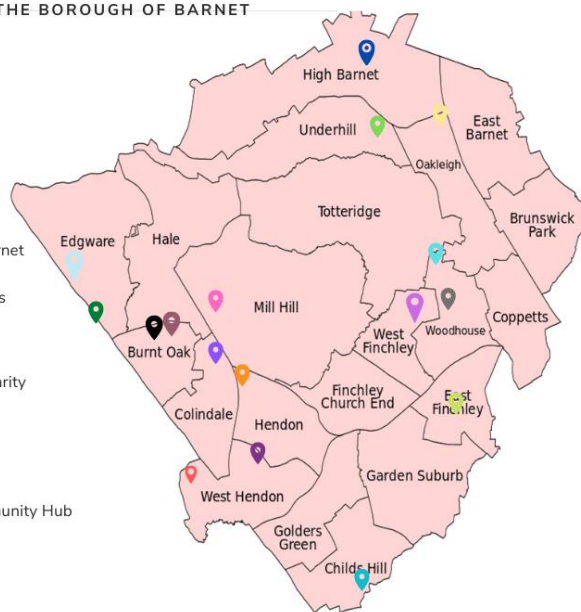
Below is a map of the Foodbanks currently supported in any way by The Barnet Food Hub.



OUR FOODBANK PARTNERS

ACROSS THE BOROUGH OF BARNET

- All Saints Child's Hill
- Barnet Community Projects
- Burnt Oak Community Project
- Burnt Oak Women's Group
- Chipping Barnet
- Christ Church Foodbank
- Colindale Foodbank
- Community Network Group
- Finchley Foodbank
- GIFT
- Homeless Action Barnet
- Living Way Ministries
- NW7 Hub
- RCCT Romanian Charity
- St Barnabas
- St Peter's Pantry
- West Hendon Community Hub



SUPPORT

Foodbanks supported through the Barnet Food Hub this month:

- All Saints Child's Hill
- Barnet Community Projects – Rainbow Centre
- Burnt Oak Community Foodbank
- Burnt Oak Women's Group
- Chipping Barnet Foodbank
- Colindale Foodbank
- Community Network Group
- Finchley Foodbank
- GIFT
- Living Way Ministries
- NW7 Hub
- RCCT
- St Barnabas
- St Peter's Pantry
- West Hendon Community Hub

Additional support provided to foodbanks:

Three newsletters were sent out to our Foodbank community during August, each containing a variety of community fund details and resources for help and funding which the foodbanks and/or their beneficiaries might find useful.



Additional resources and support initiatives provided to our Foodbank community this month, included:

- Opportunity for free training – Make Every Contact Count
- BACE holidays
- Gardening Grants
- Barnet Together Alliance Conference
- Tesco – Stronger Starts
- Community Organisations Cost of Living Fund
- Violence against Women and Girls Grassroots Fund
- Lloyds Bank Foundation d/Deaf and Disabled People's Organisations Funding
- Marketing for Charities Online Workshop
- Understand your charity's audience better – online workshop
- Looking to host a stall at a local community event?
- BBC DIY SOS 'The Big Build' are on the lookout for their next project
- Get started with Easy Fundraising
- Accessibility Tip – Dyslexia Friendly Language
- Accessibility Tip – Keep Text Formatting Simple
- Become a community organisation support member today
- The Garfield Weston Foundation Grants
- London Catalyst Grants
- The Thomas Wall Trust – Grants for Registered Charities
- Barnet Upshot Project
- Love Parks Week 28th July to 6th August
- Pride in the Park
- UK Black Pride
- Healthy Homes Team Summer Road Show
- The Hope Initiative UK (THIUK)
- What is a trustee and how do I become one?
- Job Opportunities available – 3 at Inclusion Barnet: Community Organisation Support Manager, Membership Development Officer (x2), Trainee Benefits Advisor (peer role)



- Opportunity to become a Trustee – Young Barnet Foundation
- Footwork's People and Place Fund
- Protective Security Schemes for places of worship – deadline extended
- Healthy Homes Team Summer Road Show
- Barnet launches bid for London Borough of Culture 2027
- Access to Work Plus
- College supports local community with free courses
- Zero Suicide Alliance Lunch & Learn
- Barnet Libraries – Free online event



Monthly Foodbank Meeting

Our usual Monthly Foodbank Meeting took place online a week later than usual to maximise attendance after the holiday season - on 4th September 2023.

These meetings are a valuable opportunity for the Foodbanks community of Barnet to meet up for an informal social and networking event; to share updates and news, discuss any concerns, and hear and discuss new ideas and initiatives taking place in the sector.

It's really helpful for everyone to be able to share and learn from each other in this way, and where there are more complicated issues, The Barnet Food Hub is happy to be able to step in and seek further advice and clarification, provide further information, or offer to host relevant training courses.

In this month's session, we were delighted to welcome Mosope Ojo, Public Health Officer, Living and Ageing Well Barnet. Mosope described his project on the work-stream: Make Every Contact Count (MECC) which is designed to support front line staff and volunteers to engage in positive conversations about health and well-being

This provides a signposting and advisory service to help people make healthier choices. It's a UK-wide movement, with each borough approaching it differently but with the main aim being to harness the power of short chats.

By talking to people e.g. service users / clients / visitors to Foodbanks, there is potential to plant a seed in their mind which can encourage someone to air their thoughts and to try to make positive changes.

We plan to run some free training for our Foodbank Managers and their key volunteers, on this subject over the next couple of months.

We were also delighted that Kat Carr from The Barnet Food Partnership could join us; she is keen to encourage all Foodbank managers to come along to the Barnet Food Partnership meetings.

The next monthly meeting is scheduled to take place online on 9th October instead of at the end of September, a week after the Barnet Together Alliance Conference which will be held on 2nd October 2023.



OTHER

Volunteering hours

The Barnet Food Hub engages with an ever-growing team of volunteers from the community. This ongoing engagement enables the Hub to process larger quantities of food and increases our ability to rescue divert food from the waste cycle. This also benefits the volunteers through offering a sense of community engagement and connection.

This month:	130 volunteer hours
Total:	3,575 volunteer hours

Food Surplus Partners

Donations from The Felix Project, Fareshare and the supermarkets are not always suitable or safe to redistribute to foodbanks. This could be because they are catering sized items or items past their 'best before'. When the food cannot be sent to any of our foodbank partners, we work with wider Barnet community groups to find good homes for these items. This is all part of the Barnet Food Hub commitment to a zero-food waste operation.

Surplus partners helped on an on-going basis:

- Clandon House
- Clitterhouse Farm Project
- New Barnet Community Association
- N2 Meals
- Family Resource Centre
- Feast With Us
- Gratitude
- Edgware Hospital
- Cat Hill Allotments (composting at our local allotment)
- Friend In Need
- Memory Lane
- Age UK
- The Sonia Community





@BarnetFoodHub



foodbankhub@
youngbarnetfoundation.org.uk



www.barnettogether.org.uk