



Barnet Food Hub

MONTHLY STATISTICAL

REPORT

Edition: November 2023 No. 35
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SUMMARY

In the Monthly Statistical Report, the Barnet Food Hub Team compiles monthly statistical and quantitative data on food / support provided to its partners, for interested parties.

In the month of November, a total of 20,149.93 kg. of food was handled and all but the unusable food distributed to our various partners. Further information on support, additional resources that were provided and initiatives undertaken are detailed below.

NOVEMBER FOOD STATISTICS

The number of kilograms of food handled from Barnet Food Hub, and the meal equivalents are shown below.

In addition, we include a metric which we have developed, to indicate the equivalent value of the food we give out.

Each week we purchase fresh fruit and vegetables and ambient produce to ensure that we can provide a consistent supply of ingredients to our foodbank communities. As a result of inflated food prices over the last couple of years, this food now costs considerably more than it used to – the same food costs around £2,238 per week at time of writing.

By additionally working with our food surplus chain and with help from our team of volunteers, we are now usually sending out between £12,000 - £15,000 worth of food each week.

November 2023			
	Food handled (in kg.)	Equivalent number of meals	Value of food handled (£)
TOTAL	20,149.93	47,976.02	51,252.92



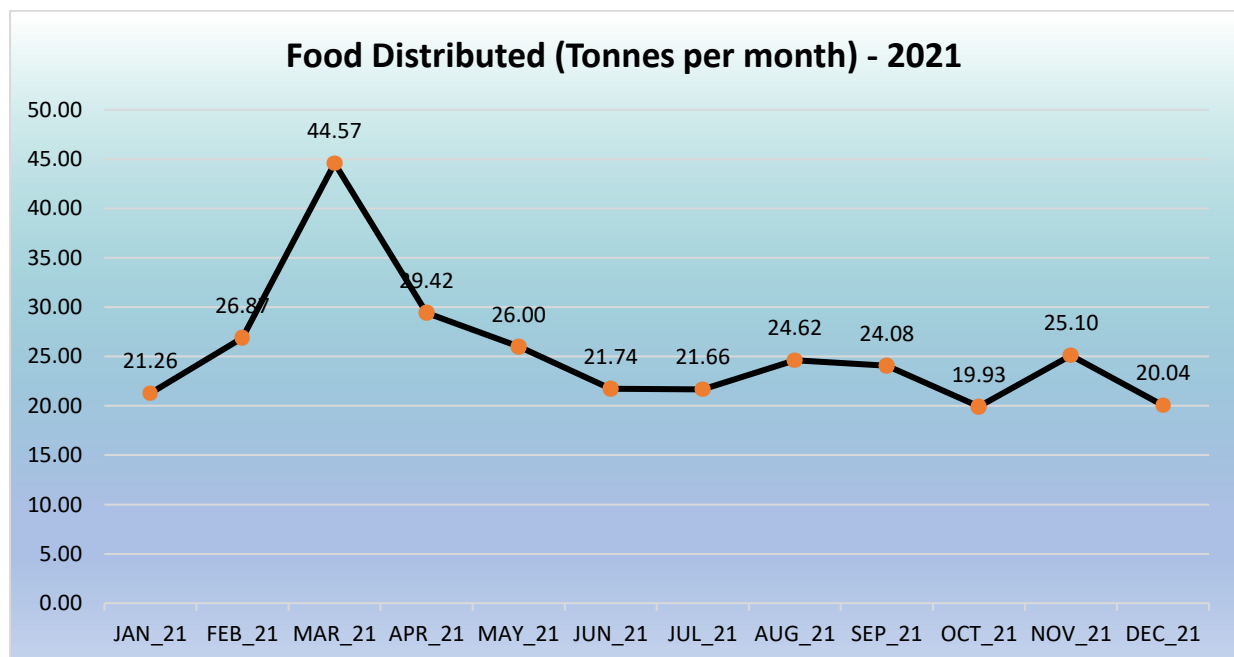
When our society wastes food, we also waste all the energy and water it takes to grow, harvest, transport it and package it. We do all we can to reduce the amount of food waste destined for landfill, and instead to try to make sure good food that might otherwise be binned, reaches the plates of food insecure people around the Borough.

The 'equivalent meals' figure is based on an average portion size for a meal weighing 420g (data derived from Food Portion Sizes, FSA 2008 and also from data from Waste and Resources Action Programme (WRAP), outlined within <https://wrap.org.uk/sites/default/files2020-10/WRAP-Food%20Surplus%20Redistribution%20Estimate%202017%20-%20Information%20sheet.pdf>.

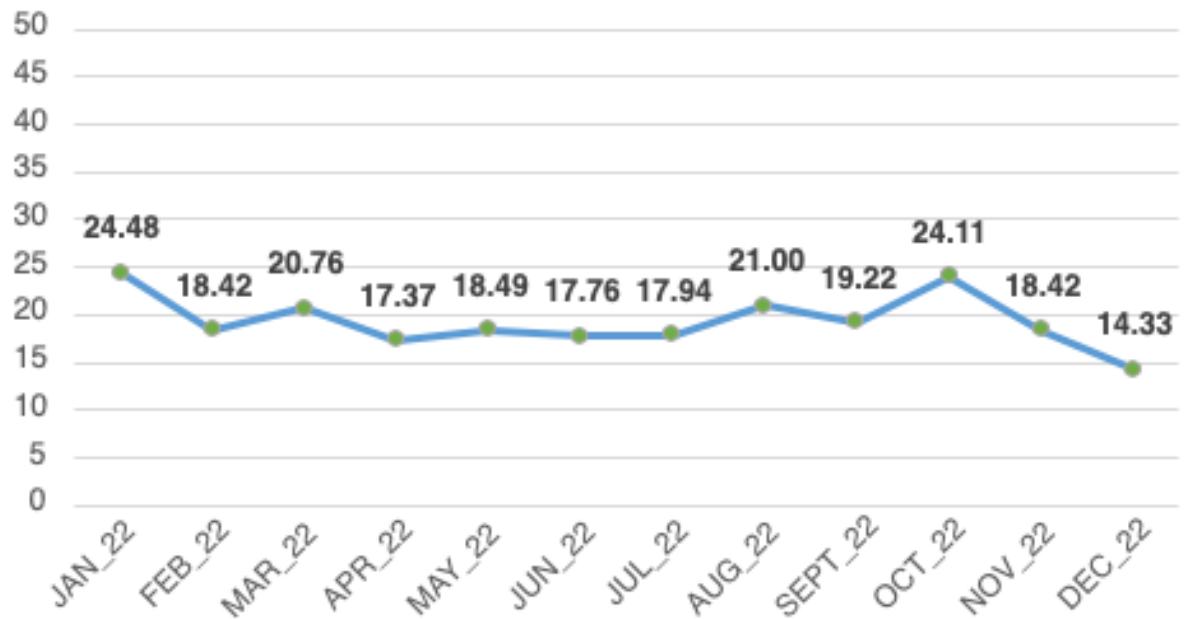
We calculate values for food waste based on the values outlined in 'Quantification of food surplus, waste and related materials' in the grocery supply chain. Previously, food and drink waste was estimated at £3,099 per tonne using 2014 cost data from PRODCOM. The 2021 estimate for the value of food and drink waste in the retail sector was increased to £3,144 per tonne after adjusting the 2014 estimate using the Consumer Price Index for Food and Non-Alcoholic Beverages. We have reviewed and approximate this to an average of £3.144/kg food rescued.

Therefore, the 'value of food distributed' figure is based on the price of the purchased food that we distribute, plus an average of £3.14 for each kg of surplus food that we send out.

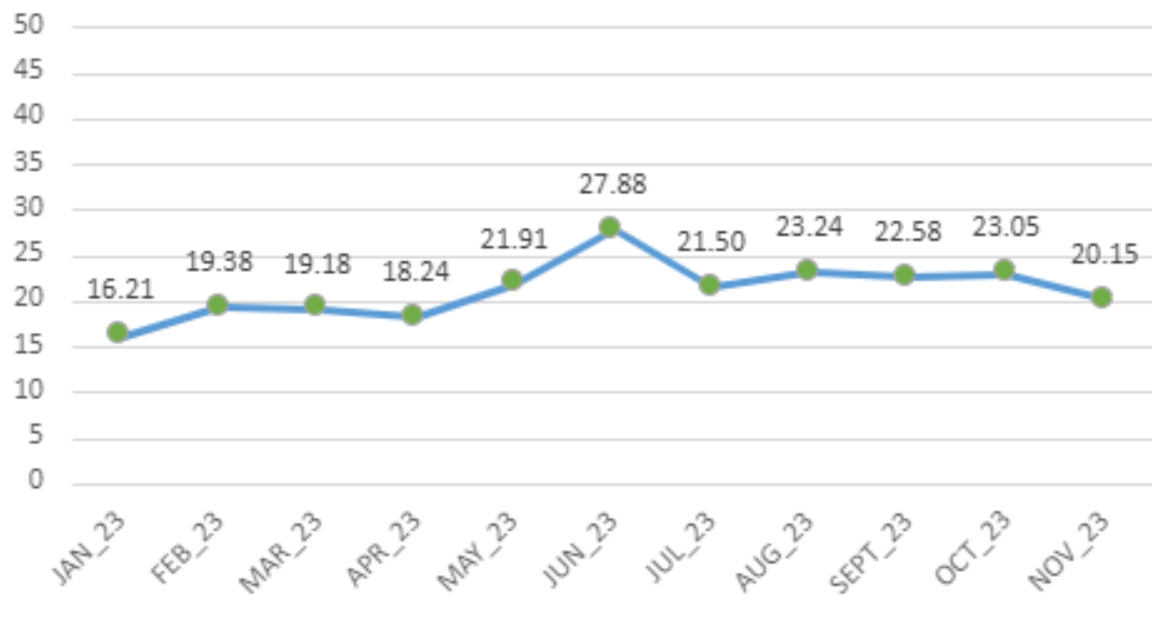
To ensure that the information remains legible, we have separated some of the data. The three charts below show the amount of food distributed during the course of 2021, 2022 and the food distributed to-date during 2023.



Food distributed (Tonnes per month) 2022



Food handled (Tonnes per month) - 2023



FOODBANK DATA ANALYSIS

Our Foodbanks share with us monthly data on how their food is distributed throughout the Borough of Barnet. November data is available from all Foodbanks in our network.

This information is collated by Barnet Food Hub and displayed via Public Health on an interactive dashboard, which is available to view using the following link:

<https://app.powerbi.com/view?r=eyJrIjoibN2U3YmlxZTQ+OTc5Zi00NjliLWJmZGQtZmNmMWQ5NGFkNWMxliwidCI6IjFiYTQ2OGI5LTE0MTQ+NDY3NS1iZTRmLTUzYzQ3OGFkNDdiYiJ9>

It is clear from the figures provided, that Foodbanks are experiencing ever increasing numbers of people attending for support.



SUB-PROJECTS

Make Every Contact Count (MECC) Training

In November we provided and hosted more free training which was made available to all of our Foodbank partners, surplus providers and volunteers.

The two-hour training session was expertly moderated by a professional external trainer and took place in Young Barnet Foundation's meeting room, upstairs at the Barnet Food Hub.

The session was free to attend and aimed to build the confidence, knowledge and skills required to have good, useful conversations with people, which can help them take better care of their health and wellbeing.

The course outline was as follows:

- What is MECC?
- Issues affecting people
- Good conversation skill areas and practical tips
- 3As model (Ask-Advise-Assist)
- Resources to help you – MECC factsheets

The training was very well attended and received positive feedback. We are very grateful for having been able to provide it.

Winter Coats Collection

We were very pleased to be able to help implement this great initiative which Ursula Stone at The Flower Bank, a Barnet charity which re-cycles end of code flowers from supermarkets organised. As she does each year, Ursula installed a clothes rail in her shop and encouraged people in the community to donate any unwanted clothing items such as coats, hats and shoes to help people vulnerable warm in the winter months.

Ursula collected an amazing number of coats which she brought to the Barnet Food Hub for us to distribute to the Foodbanks we support, alongside the food we send to them. We were very happy to help and support the Barnet community in this way.



Map of our Foodbanks across Barnet

We are currently supporting 15 Foodbanks with a predictable supply of purchased food, as well as providing other support and surplus food to several community groups across the Borough of Barnet.

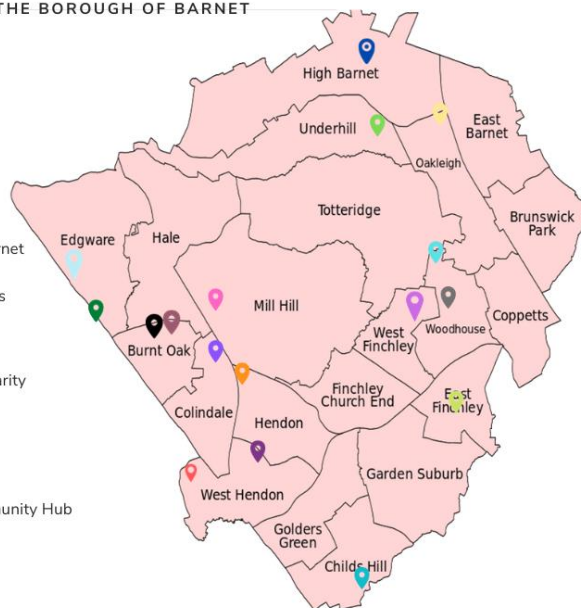
We additionally support two Foodbanks by providing newsletters, training opportunities and associated support – and with surplus rather than bought food. Below is a map of the 17 Foodbanks currently supported *in any way* by The Barnet Food Hub – in other words, the map shows those we regularly give food to, as well as the additional two which we support only in other ways.



OUR FOODBANK PARTNERS

ACROSS THE BOROUGH OF BARNET

- All Saints Child's Hill
- Barnet Community Projects
- Burnt Oak Community Project
- PCN no. 5
- Chipping Barnet
- Christ Church Foodbank
- Colindale Foodbank
- Community Network Group
- Finchley Foodbank
- GIFT
- Homeless Action Barnet
- Living Way Ministries
- NW7 Hub
- RCCT Romanian Charity
- St Barnabas
- St Peter's Pantry
- West Hendon Community Hub



SUPPORT

Foodbanks supported through the Barnet Food Hub this month:

- All Saints Child's Hill
- Barnet Community Projects – Rainbow Centre
- Burnt Oak Community Foodbank
- Chipping Barnet Foodbank
- Colindale Foodbank
- Community Network Group
- Finchley Foodbank
- GIFT
- Living Way Ministries
- NW7 Hub
- PCN no. 5 (Was Burnt Oak Women's Group)
- RCCT
- St Barnabas
- St Peter's Pantry
- West Hendon Community Hub

Additional support provided to foodbanks:

Two newsletters were sent out to our Foodbank community during November, each containing a variety of community fund details and resources for help and funding which the foodbanks and/or their beneficiaries might find useful.



Additional resources and support initiatives provided to our Foodbank community this month, included:

- News about the Food Partnership and encouragement to get involved
- Information, recruitment and careers event 10th November at the Health and Social Care Academy
- The Benefact Group – Movement for Good
- Volunteering opportunity – the Holiday Activities and Food (HAF) programme
- Lloyds Bank Foundation for England and Wales Funding Programme for Specialist small charities
- Magdalen Hospital Trust grants available
- Hedley Foundation
- Health Champions – encouragement to sign up
- Championing Mental Health drop in sessions
- Volunteering Barnet – diversifying your trustee board workshop
- Interesting read recommendation – Asylum Hotels news – from the BBC and the Government website
- Core Grant Fund
- The John Ellerman Foundation
- National Lottery Awards for All England
- Barnet Mind courses and workshops
- Adult Education classes
- Job opportunity – Careers at Inclusion Barnet
- Movember
- The Community Ownership Fund
- Unseen – domestic abuse information
- Free Upshot demo sessions
- Morrisons Foundation grants
- Grants for Good



- Beyond Equality – groups of men needed for workshops
- Motability Foundation
- ZST Online Social Isolation training
- BACE holidays
- Become a Community Organisation Support Member today – Inclusion Barnet
- The Garfield Weston Foundation grants
- London Catalyst grants
- What is a trustee and how do I become one? – webinar
- Find your next workspace – Barnet Council
- Free mental health support toolkit for employers
- Inter Faith Week 2023
- Lived Experience Network
- Online Green skills course
- Cosaraf Charitable Foundation – hardship grants
- Free parent therapy groups
- Barnet community health screening service
- Understanding best before and use by dates
- Get help and support for mental health
- What to do if someone is having an epileptic seizure
- Digital Health Pop-up
- Awards for all – National Lottery funding available
- Find a grant service
- NFP Workshops – training information



Monthly Foodbank Meeting

Our usual Monthly Foodbank Meeting took place on 27th November 2023.

These meetings are a valuable opportunity for the Foodbanks community of Barnet to meet up for an informal social and networking event; to share updates and news, discuss any concerns, and hear and discuss new ideas and initiatives taking place in the sector.

It's really helpful for everyone to be able to share and learn from each other in this way, and where there are more complicated issues, The Barnet Food Hub is happy to be able to step in and seek further advice and clarification, provide further information, or offer to host relevant training courses.

In this session we were joined by Florence Holmes from Volunteering Barnet who kindly took us through the VB website. This was aimed at equipping all Foodbank Managers and partners to post volunteering opportunities available at their Foodbank and find volunteers.

Florence offered training sessions in groups or one-to-one for anyone in the borough who needs it and told us about the newsletters which VB sends out; those aimed at organisations and those aimed at volunteers and would-be volunteers.

The next monthly meeting is scheduled to take place online in the new year, on Monday 29th January, 2024.



OTHER

Volunteering hours

The Barnet Food Hub engages with an ever-growing team of volunteers from the community. This ongoing engagement enables the Hub to process larger quantities of food and increases our ability to rescue divert food from the waste cycle. This also benefits the volunteers through offering a sense of community engagement and connection.

This month:	90 volunteer hours
Total:	3,835 volunteer hours

Food Surplus Partners

Donations from The Felix Project, Fareshare and the supermarkets are not always suitable or safe to redistribute to foodbanks. This could be because they are catering sized items or items past their 'best before'. When the food cannot be sent to any of our foodbank partners, we work with wider Barnet community groups to find good homes for these items. This is all part of the Barnet Food Hub commitment to a zero-food waste operation.

Surplus partners helped on an on-going basis:

- HSP: Clandon House
- New Barnet Community Association
- N2 Meals
- Family Resource Centre
- Feast With Us
- Gratitude
- Cat Hill Allotments (composting at our local allotment)
- Friend In Need
- Memory Lane
- Age UK
- The Sonia Community





@BarnetFoodHub



foodbankhub@
youngbarnetfoundation.org.uk



www.barnettogether.org.uk